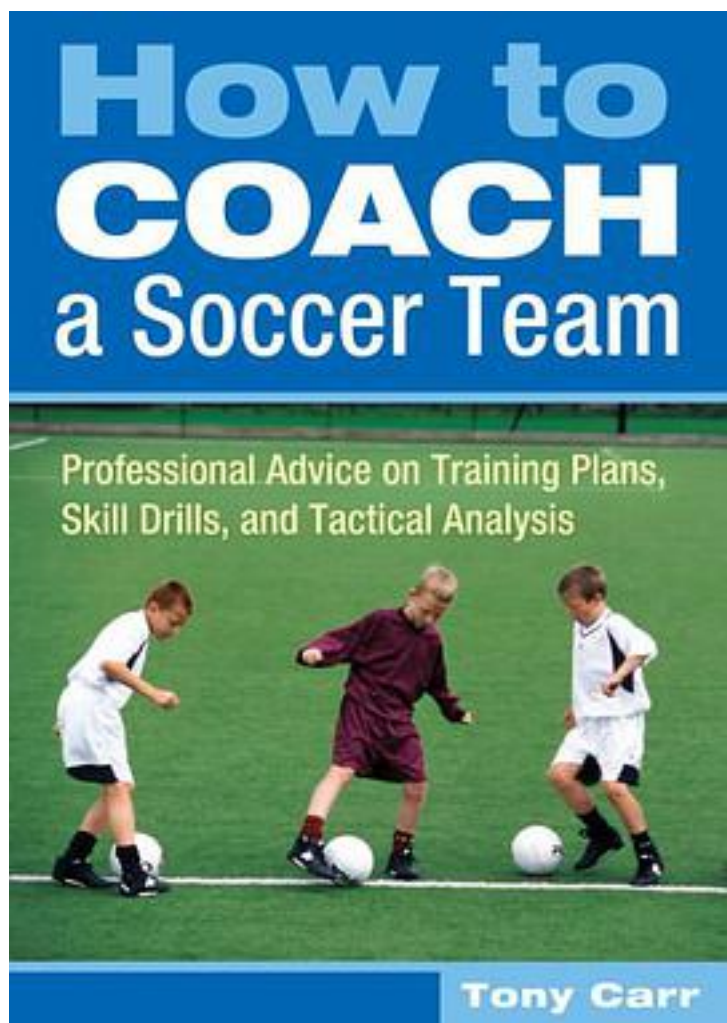


How to Coach a Soccer Team



[How to Coach a Soccer Team_下载链接1_](#)

著者:Carr, Tony

出版者: Sterling Pub Co Inc

出版时间: 2006-3

装帧: Pap

isbn: 9781402729843

Tony Carr knows what it is to be a great coach--some of his students in London's

famed West Ham United Academy have gone on to earn international honors. Here are the secrets of his success, illustrated in detail and arranged to follow a full season, from the first session to the final game. Carr explains how to assess players and provides complete training sessions, including warm-ups and cool-downs. He devotes a full chapter to ball skills--a bedrock of the game--as well as to team play, goalkeeping, and problem-solving. There's a section of set plays and one with small-sided games that includes suggested conditions for the players to follow and coaching points. No would-be coach can do without it. TONY CARR is a preeminent youth soccer coach, who has worked with many European soccer stars. He lives in England.

作者介绍:

目录:

[How to Coach a Soccer Team_下载链接1_](#)

标签

评论

[How to Coach a Soccer Team_下载链接1_](#)

书评

[How to Coach a Soccer Team_下载链接1_](#)