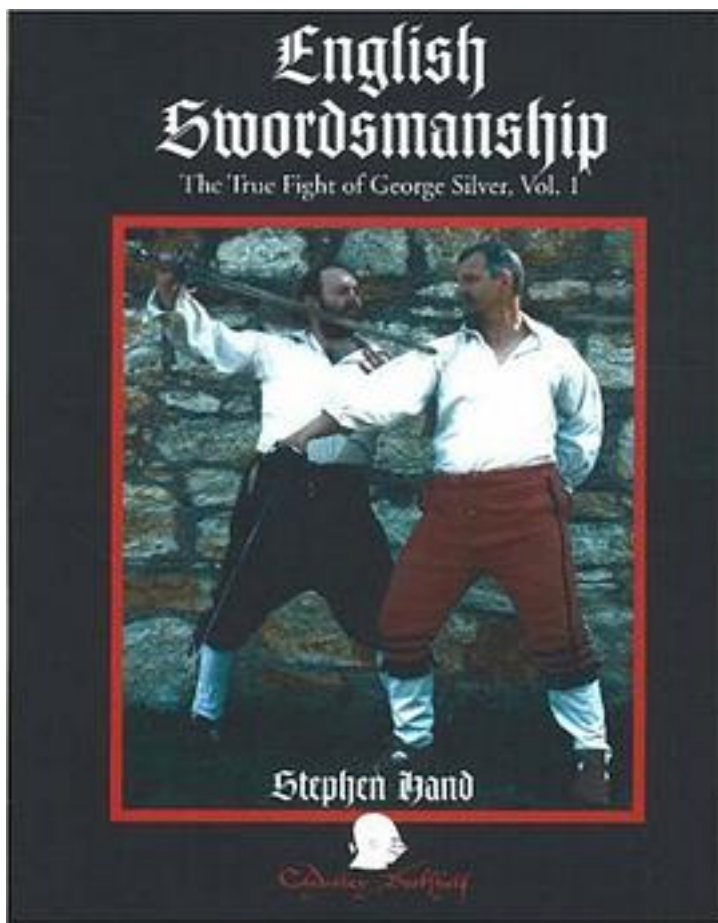


English Swordsmanship



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著者:Hand, Stephen

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George Silver was one of the most significant writers on the history of Western swordsmanship. Best known for his distrust of Italian rapier fencing, this suspicion led him to document the system of swordsmanship practiced by the English gentry and nobility before the advent of the rapier. Looking back to earlier times, Silver described

a system that in many fundamentals was still medieval, but he did so with an early Modern precision. Fearful that his countrymen were forgetting the basics of swordsmanship, Silver described the system in great detail. What emerges is a simple and powerful, yet deep and subtle style, heavily based on natural body movements and designed to work under the stress of real combat. In this book, Stephen Hand presents Silver's system with outstanding text and in more than four hundred clear photographs. This book is a must for anyone interested in swordsmanship, it stands to become a classic!

作者介绍:

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