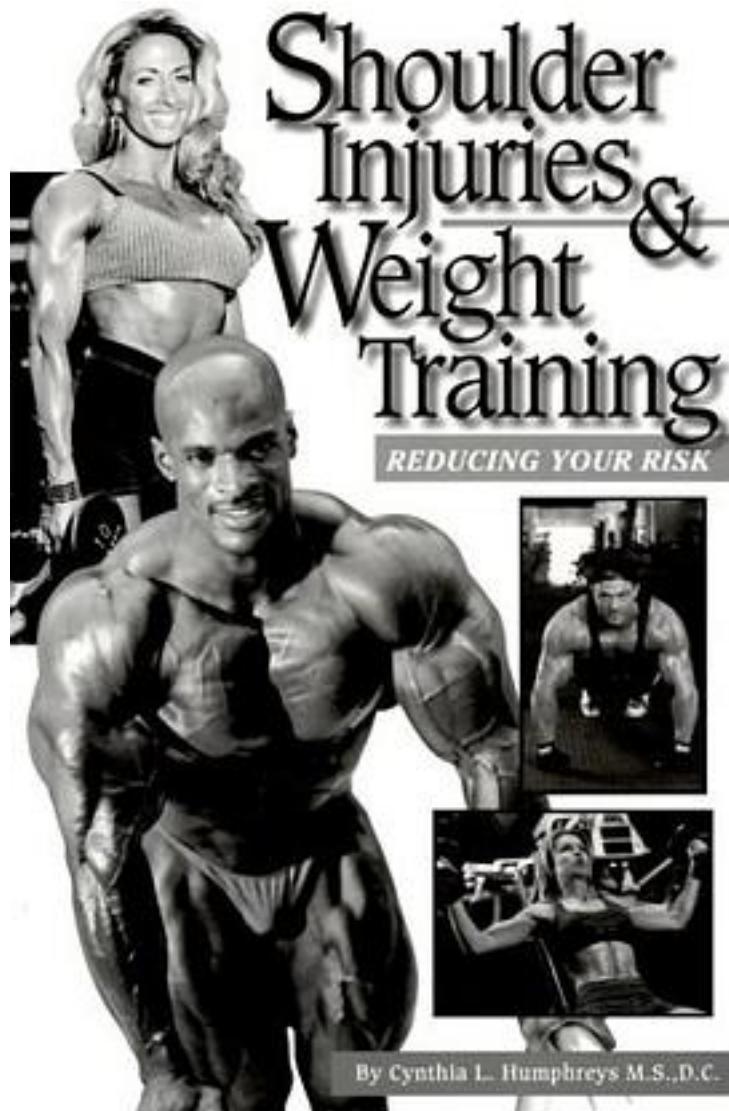


# Shoulder Injuries and Weight Training



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出版者: Natl Book Network

出版时间: 2000-6

装帧: Pap

isbn: 9781552100134

A guide to reduce the risk of and eliminate shoulder pain.

作者介绍:

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