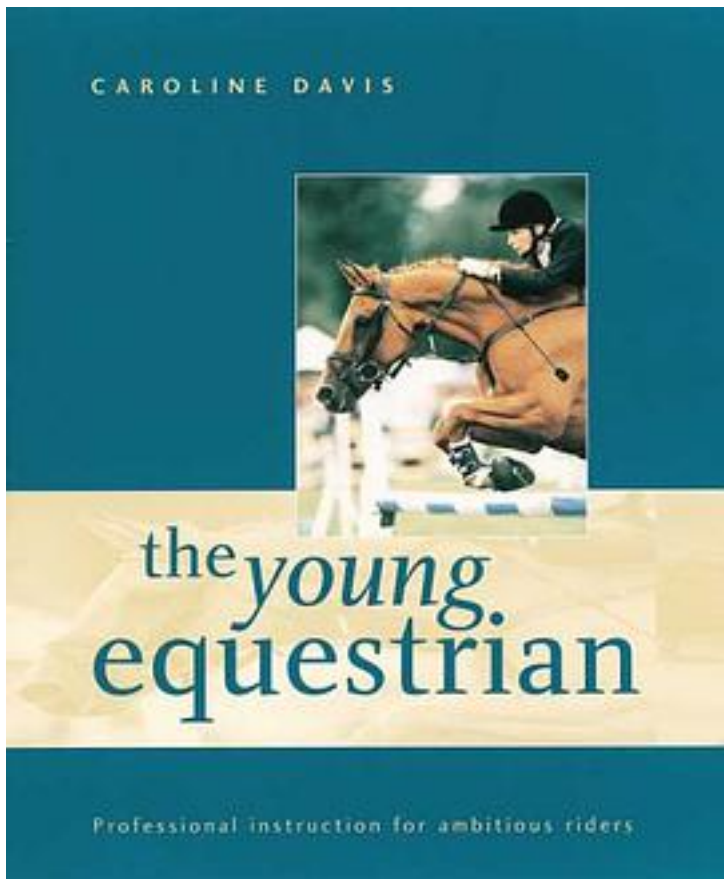


The Young Equestrian



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著者:Davis, Caroline

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This unique guide to learning to ride is designed to inspire and instill confidence in young riders, or inexperienced riders of any age. Providing in-depth yet easy-to-understand practical information, accomplished horsewoman and riding instructor Caroline Davis helps the reader progress from preparing for the first lesson through to jumping and 'going it alone.' The heart of the book is developing the special

relationship between horse and rider, making this book particularly appropriate for a shy rider. Detailed sections offer advice on choosing the best riding school and instructor, how to care for and tack up a horse, how to pick riding gear, mounting, learning to walk, trot, canter and gallop, and beyond, and how to cope in a variety of riding situations. It explains what to expect in a riding lesson, how to work with the instructor and, for those who can, how to purchase and care for a horse. The author's sensitive guidance is enhanced by comprehensive information, including: handy-hint panels clear, color illustrations and full color photographs annotated drawings explaining riding postures and horse gaits and movements point-by-point lessons Question Times to cover common problems and concerns extensive information on all of the various equestrian sports the essentials of horse care glossary, useful addresses and further reading. The author's passion for horses and riding, her compassion for young students, and her experience as a teacher are evident in her empathetic tone and reasonable and comforting expert advice.

作者介绍:

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