

Sports



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Sports is a comprehensive reference to 125 amateur and professional sports, featuring classic Olympic athletic events (track and field, aquatics, gymnastics, combat sports, and equestrian events), as well as team, individual and motor sports (boxing, hockey, tennis, skiing, soccer, basketball, and Formula 1). With one thousand annotated illustrations and four hundred color photographs, this book explains the games' history, rules, strategies, facilities and equipment. In addition, there are highlights of the greatest players from the past and present, analyses of changes in technology and comparisons of performance over the years. The presentation of the information is fascinating for browsers and fans. How big is a soccer pitch? What are the four types of tennis court surface? How do you throw the hammer? It is all here, plus three indices (terms, symbols and illustrations). Athlete profiles that list physical and mental requirements for each sport are invaluable guides for young athletes choosing a sport. For a full table of contents and sample page spreads, visit: fireflybooks.com/books/sports.html

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