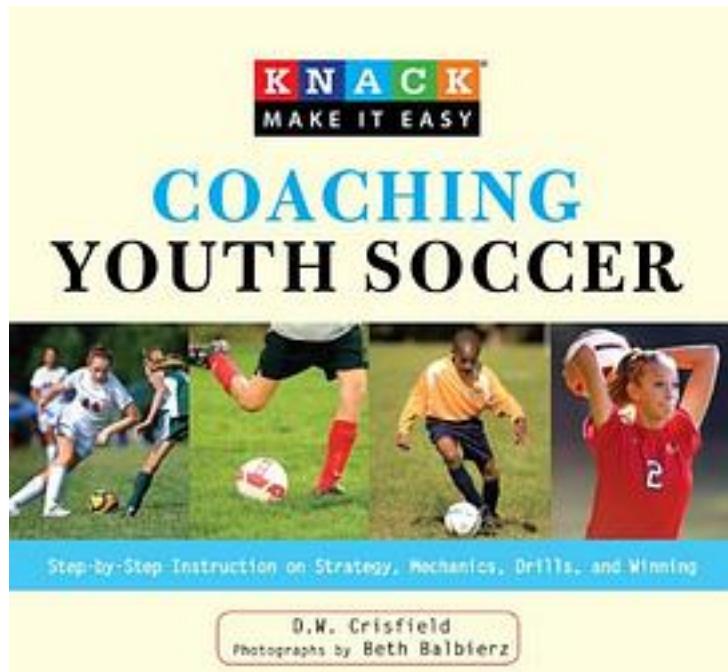


Coaching Youth Soccer



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著者:Schreiner, Peter

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Full of fun, effective games and drills, this book covers every aspect of youth coaching with clear, easy to follow diagrams, photographs and instructions. It features: Warm Up Games; Warm Down Games; Indoor Games; Warm Up Drills; Co-ordination Conditioning; and, Full Practice Sessions.

作者介绍:

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