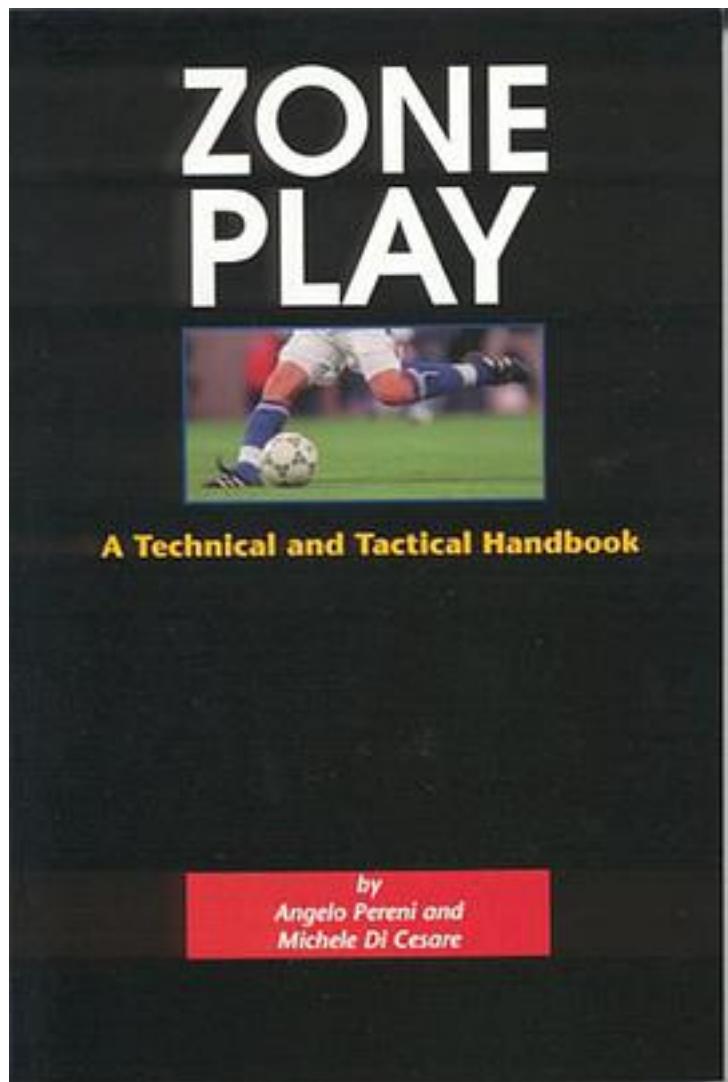


Zone Play



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著者:Dicesare, Michele

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This comprehensive book covers in detail every aspect of zone play. The authors present chapters on the following: play organization, pressing offside, shooting a goal, training your mind, and planning your training sessions.

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