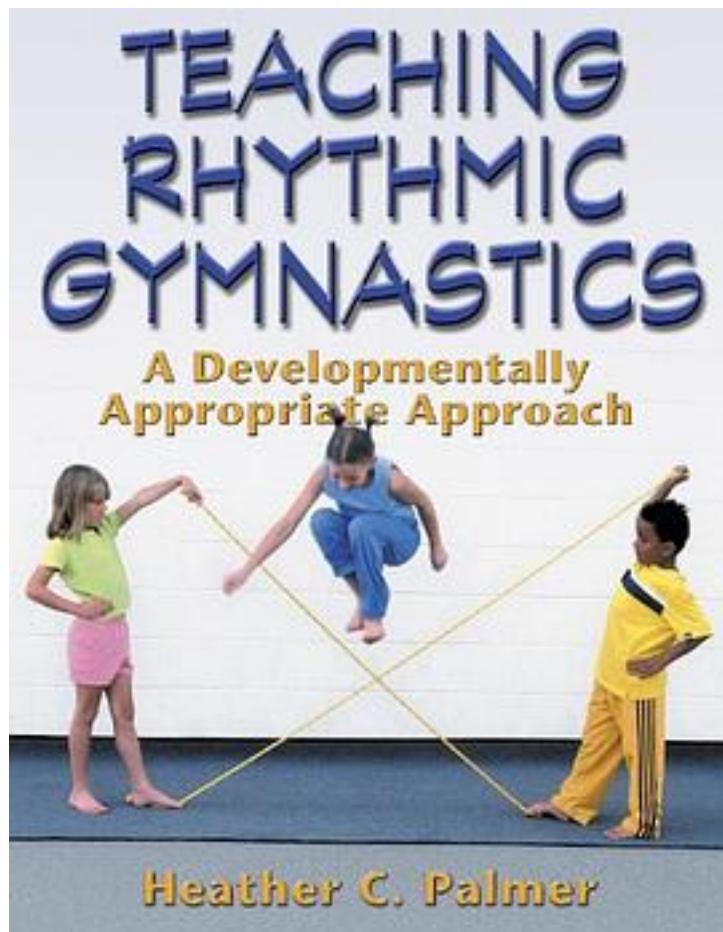


Teaching Rhythmic Gymnastics



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This book offers a fun way to blend both gymnastics and dance, putting the teacher in the role of facilitator. It offers endless movement opportunities as children use their natural creativity and imagination to manipulate ribbons, balls, hoops and scarves in

new ways. The unique blend of music, movement and hand apparatus/equipment should increase student motivation and challenge them to discover their bodies' capabilities and abilities. Students may work individually or within a group at their own ability level as they gradually combine skills into sequences and develop creative routines.

作者介绍:

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