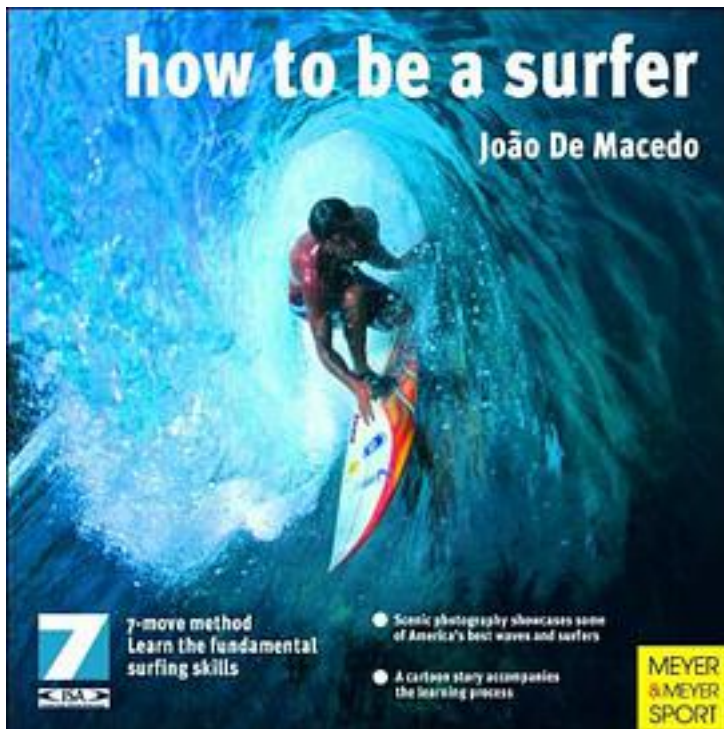


# How to Be a Surfer



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- "How to be a Surfer" shares and teaches the techniques and philosophy of surfers and surfing- A unique combination of photos, illustrations and an internationally recognized coaching method to teach surfing in a simple, yet profound way- High action and scenic surf photography from some of America's best waves and surfers- A surprise cartoon story, as well as practical and descriptive case studies of students' learning experiences to guide the reader into the rich and diverse world of surfing- Using the 7-step coaching method to describe fundamental surfing skills.

作者介绍:

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