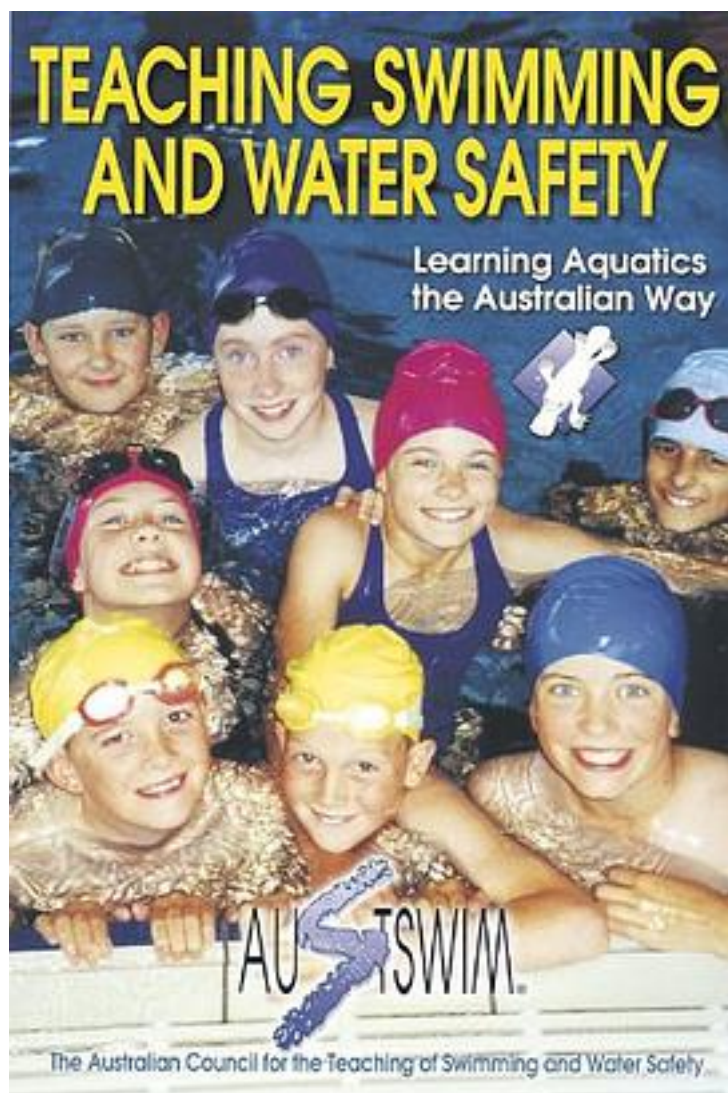


Teaching Swimming and Water Safety



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This "AUSTSWIM" text provides a programme for introducing children to swimming and water safety. Topics include safety procedures and planning; water familiarization; floating, propulsion and deepwater skills; diving basice; and the development of the six common strokes: freestyle, backstroke, breaststroke, butterfly, sidestroke, and survival backstroke

作者介绍:

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