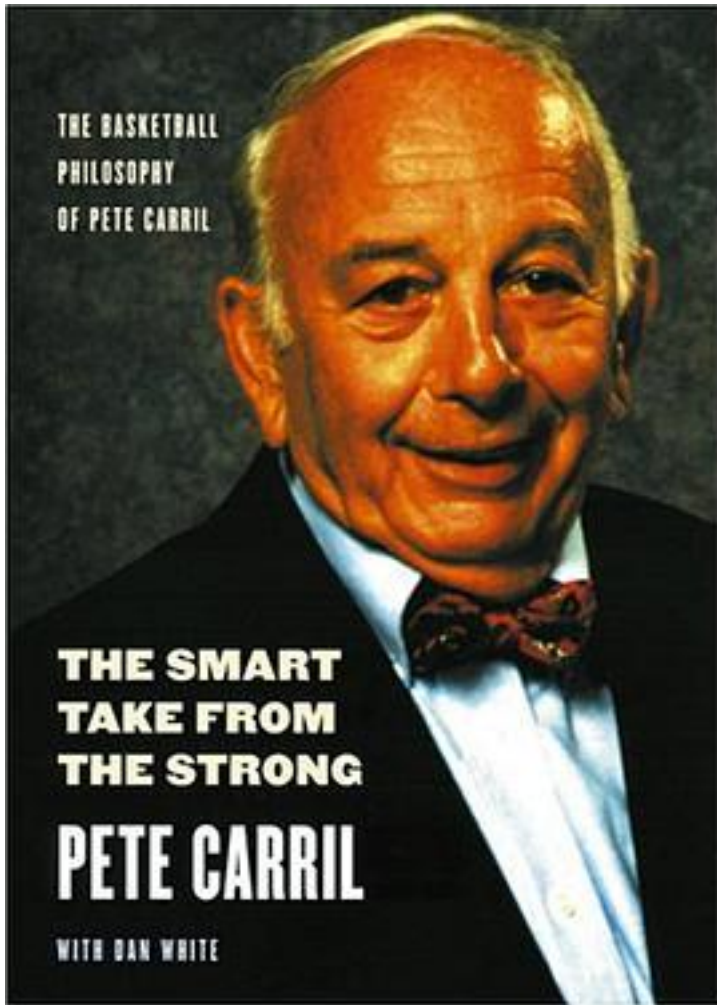


The Smart Take from the Strong



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著者:Carril, Pete/ White, Dan/ Knight, Bob (INT)

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"The strong take from the weak, but the smart take from the strong." So said Pete

Carril's father, a Spanish immigrant who worked for thirty-nine years in a Bethlehem, Pennsylvania, steel mill. His son stood only five-foot-six but nonetheless became an All-State basketball player in high school, a Little All-American in college, and a highly successful coach. After twenty-nine years as Princeton University's basketball coach, he became an assistant coach with the NBA's Sacramento Kings. In 1997 he was inducted into the Naismith Memorial Basketball Hall of Fame. Coach Carril inspired his teams with his own strength of character and drive to win, and he demonstrated time and again how a smart and dedicated team could compete successfully against bigger programs and faster, stronger, more athletic players. His teams won thirteen conference championships, made eleven NCAA Tournament appearances, and led the nation in defense fourteen times. Throughout his reflections on a lifetime spent on the basketball court and the bench, Carril demonstrates deep respect for the contest, his empathy and engagement with the players, humility with his own achievements, a pragmatic vision of discipline and fundamentals, and an enduring joy in the game. This is an inspiring and wonderful book, even for those who never made a basket. Dan White is an award-winning freelance writer, the author of eight books, and a contributor to the New York Times, Philadelphia Inquirer, and Detroit Free Press. Bob Knight won three NCAA titles as men's basketball coach at Indiana; he currently coaches at Texas Tech.

作者介绍:

普林斯顿体系的发明者皮特-卡里尔出过一本自传，书名叫《聪明人战胜强人(The Smart Take From The Strong)》，因为普林斯顿体系就是为那些跑跳能力不足的平民球员发明的。这种强调运动和开放的战术思想让平庸的球员拥有了与强队抗衡的实力。

普林斯顿战术简介

由现在的国王助理教练皮特·卡里尔发明，这种打法指无球移动、空切和反跑，不断地传球，坚持整体篮球和团队精神，注重内线传球，内线指挥。该战术十分注重“空间、实际、观察、执行”四个环节，其中反跑是普林斯顿打法的招牌。普林斯顿战术是帝王队赖以成名的战术，讲求整体合作性。

普林斯顿是美国著名大学，以学术著称他曾用这种打法率领普林斯顿大学这样一所没有一名学生享受体育奖学金的学校在NCAA获得500胜，并创造了14次失分最低纪录。

普林斯顿进攻战术体系，由现在的国王队助理教练Pete Carril创始，因为他在普林斯顿大学篮球队任教时的标志性的“后门”战术而得名。此战术进攻体系，主要定位在不断的传球、挡人和有意识的无球跑动，通过一系列的配合，在篮下创造出空当，使得进攻一方轻松得分。

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