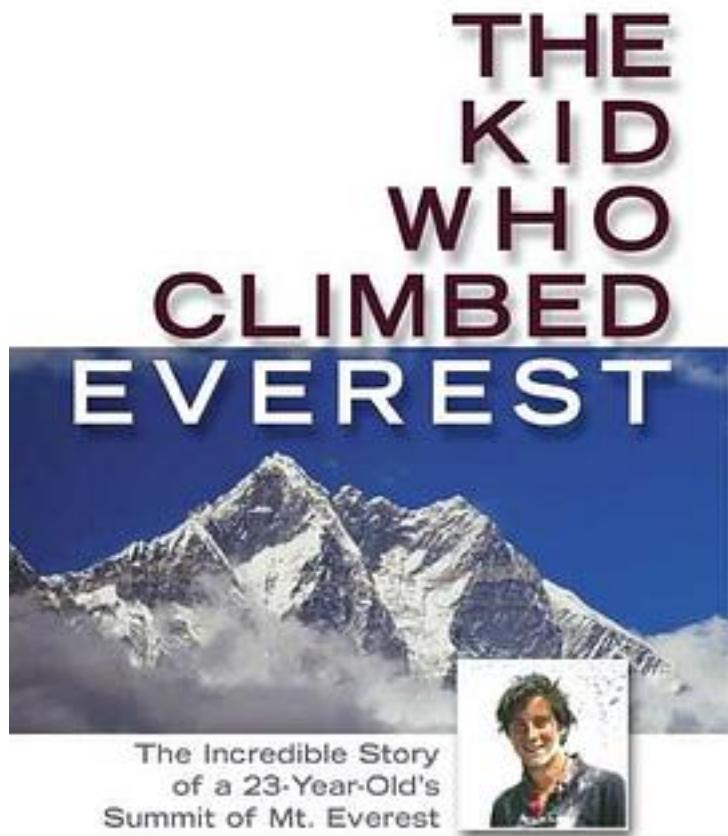


The Kid Who Climbed Everest



BEAR GRYLLS

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著者:Grylls, Bear

出版者:Globe Pequot Pr

出版时间:2004-11

装帧:Pap

isbn:9781592284931

In 1996, a twenty-three-year-old soldier in the British Army was flying over an African desert on a routine parachute jump. He had a lot to look forward to—a long career ahead of him in the army, a beautiful girlfriend back home. But those dreams were cut short when his parachute failed to open at eleven thousand feet. He had cracked three vertebrae and come within a fraction of severing his spinal cord. A grueling eight months of physical therapy followed. Bear had to retrain his muscles to do all of the things we take for granted—how to sit, stand, walk, even breathe. Eighteen months after his accident he overcame incredible odds to reach the peak of Everest. **THE KID WHO CLIMBED EVEREST** is a tale of courage and determination. Bear's quest for funding for his expedition, his seventy days on Everest's southeast face, and a narrow brush with death after a fall into a crevasse at nineteen thousand feet, make the story an essential read for anyone who's ever had a dream and made it come true.

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