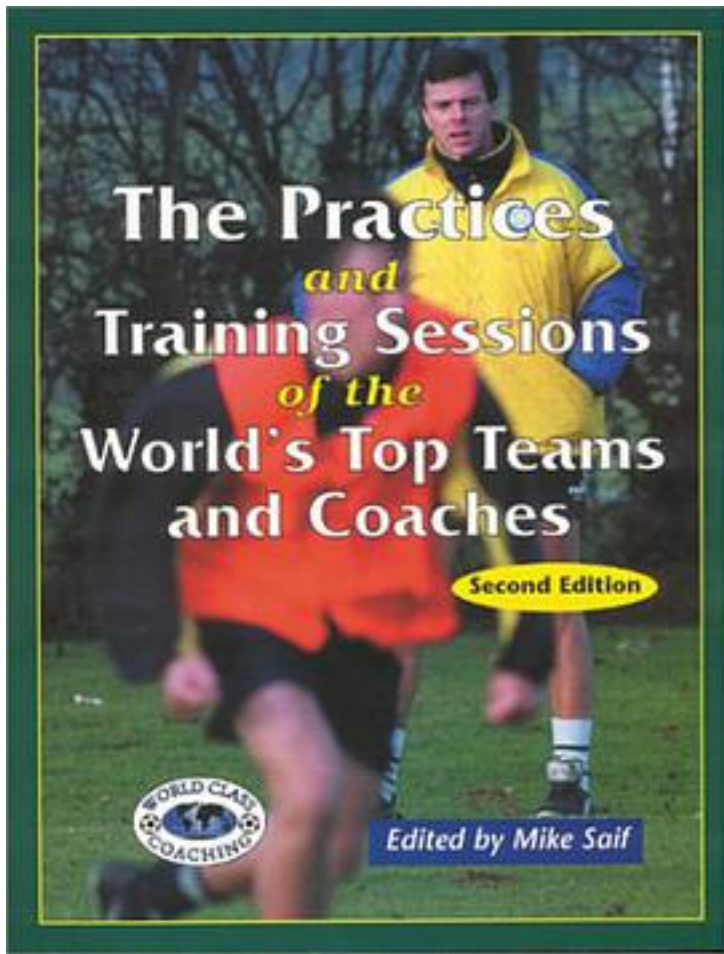


Practices and Training Sessions of the World's Top Teams and Coaches



[Practices and Training Sessions of the World's Top Teams and Coaches_ 下载链接1](#)

著者:Saif, Mike 编

出版者:Cardinal Pub Group

出版时间:2000-1

装帧:Pap

isbn:9781890946340

This outstanding book represents the compilation of the first two years` issues of the

World Class Coaching newsletter. Included are the training sessions of top clubs such as Manchester United, Liverpool, PSV Eindhoven, Boca Juniors, Barcelona and many of the MLS teams. All include easy-to-read diagrams of every drill.

Topics include:

Shooting/Finishing

Passing and Possession

Attacking CombinationsGoalkeeping

Defending

Finishing from Crosses

Small-Sided Games

作者介绍:

目录:

[Practices and Training Sessions of the World's Top Teams and Coaches_ 下载链接1](#)

标签

评论

[Practices and Training Sessions of the World's Top Teams and Coaches_ 下载链接1](#)

书评

[Practices and Training Sessions of the World's Top Teams and Coaches_下载链接1_](#)