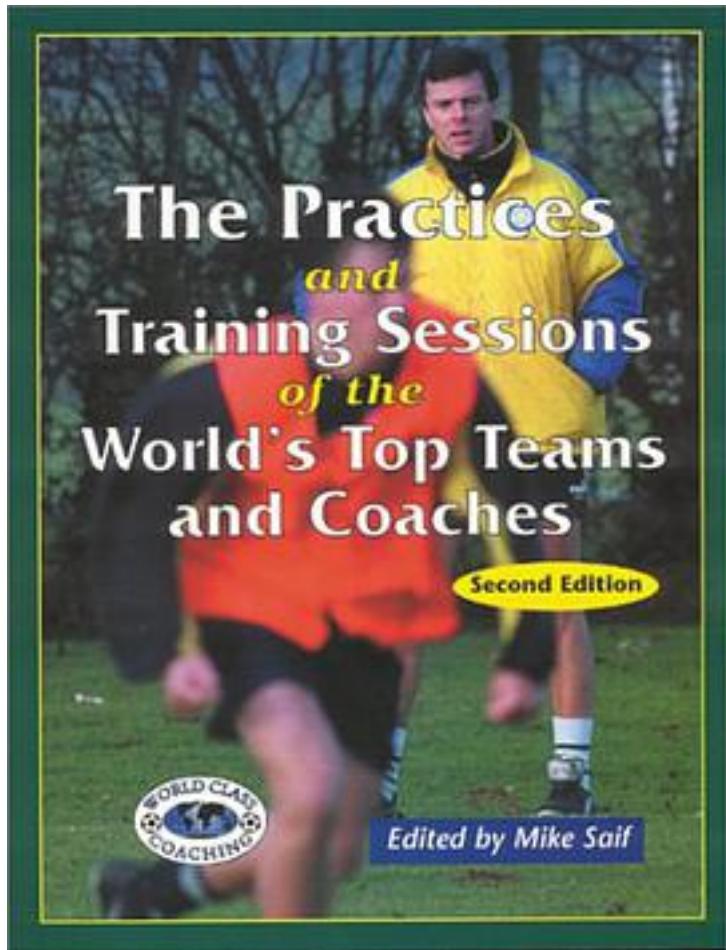


Practices and Training Sessions of the World's Top Teams and Coaches



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This outstanding book represents the compilation of the first two years' issues of the

World Class Coaching newsletter. Included are the training sessions of top clubs such as Manchester United, Liverpool, PSV Eindhoven, Boca Juniors, Barcelona and many of the MLS teams. All include easy-to-read diagrams of every drill.

Topics include:

Shooting/Finishing

Passing and Possession

Attacking Combinations Goalkeeping

Defending

Finishing from Crosses

Small-Sided Games

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