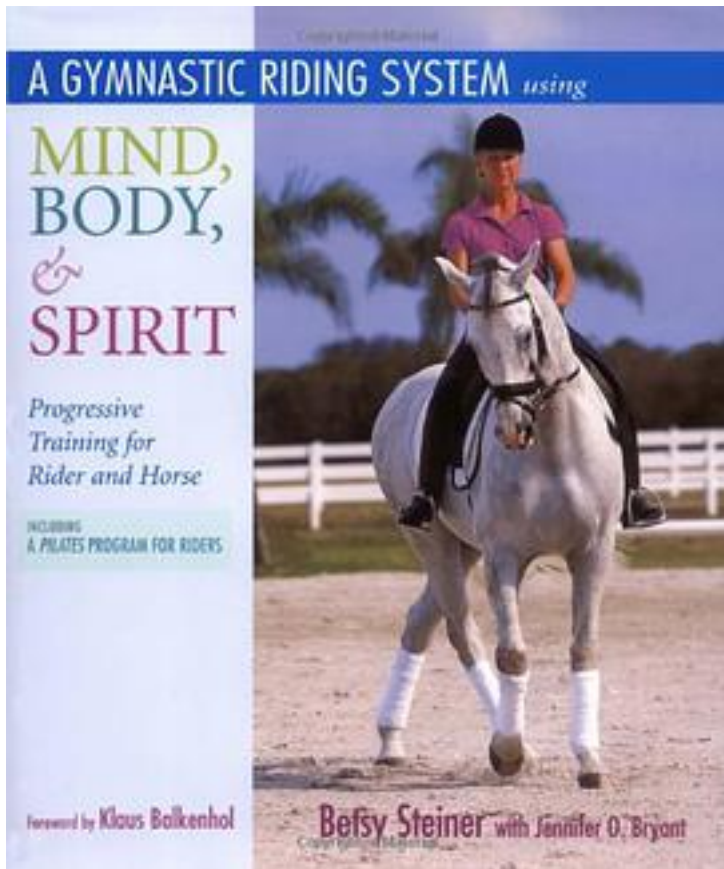


A Gymnastic Riding System Using Mind, Body, and Spirit



[A Gymnastic Riding System Using Mind, Body, and Spirit_ 下载链接1_](#)

著者:Steiner, Betsy/ Bryant, Jennifer Olson

出版者:Trafalgar Square

出版时间:2003-8

装帧:HRD

isbn:9781570760921

A unique, highly illustrated book that offers training techniques for the mind, body, and spirit of both rider and horse, including a specially designed Pilates program for riders.

作者介绍:

目录:

[A Gymnastic Riding System Using Mind, Body, and Spirit_ 下载链接1_](#)

标签

评论

[A Gymnastic Riding System Using Mind, Body, and Spirit_ 下载链接1_](#)

书评

[A Gymnastic Riding System Using Mind, Body, and Spirit_ 下载链接1_](#)