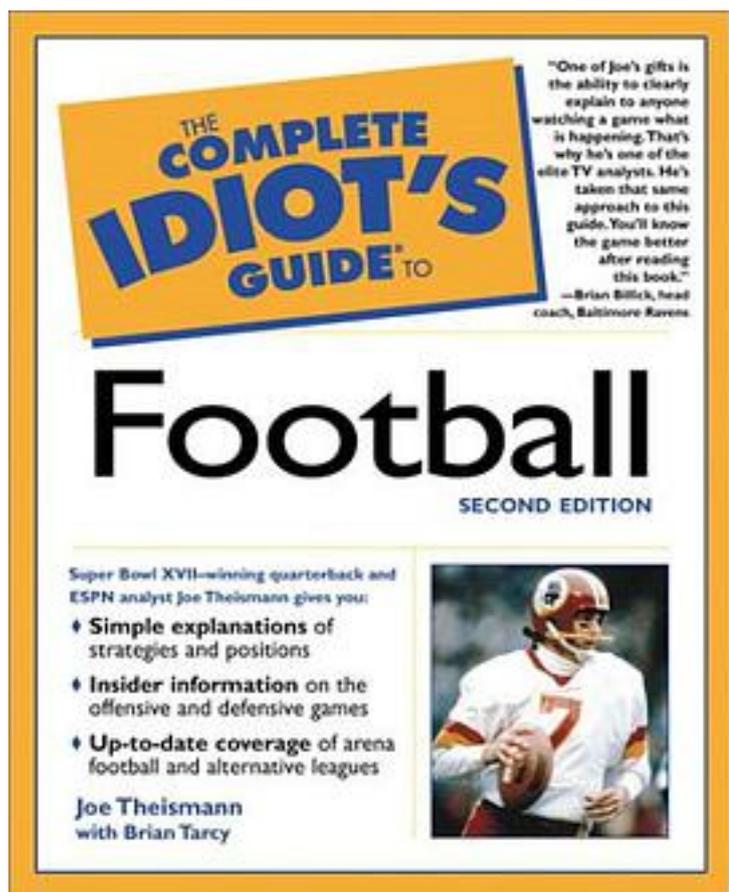# The Complete Idiot's Guide to Football

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The Complete Idiot's Guide to Understanding Football, Second Edition , provides new and intermediate football fans with all the information they need to understand and enjoy football. From high school to the NFL, coverage includes the basics of offense and defense, players, rules, strategies and even what to wear! New coverage for this

edition includes: the draft - how it works for teams and players including parity, new technology on the field including instant replay, dangerous referee flags and rules changes for college and pro ball, XFL, arena league, expansion teams and NFL Europe, and the changing business and team strategy for professional football today.

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