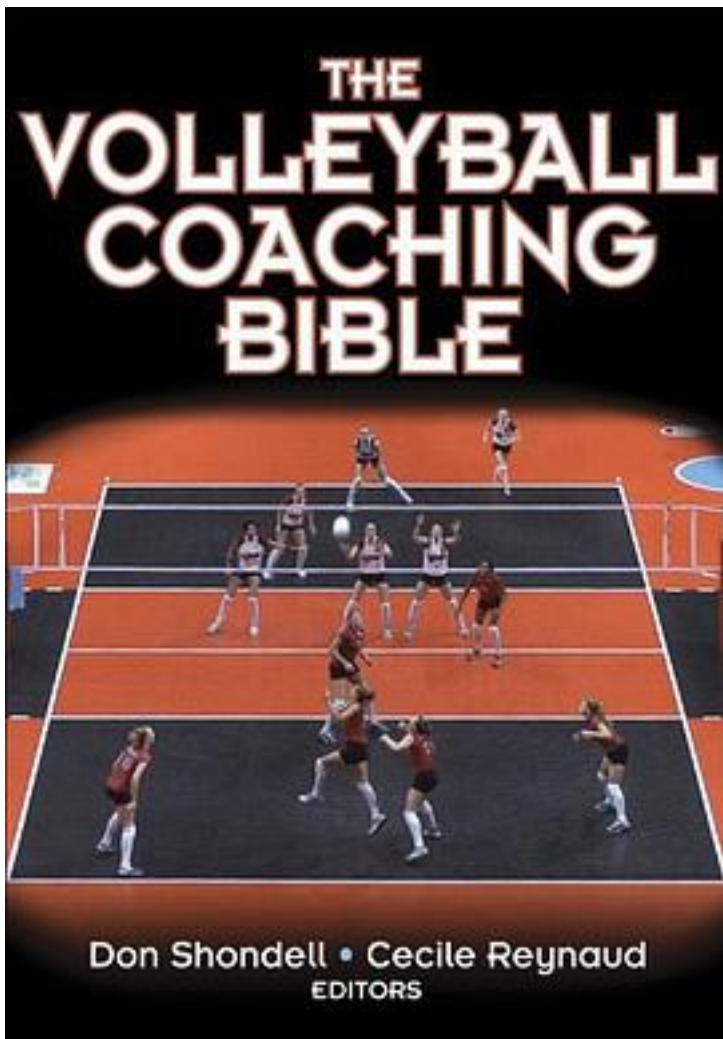


The Volleyball Coaching Bible



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This volume features the talent, insight and knowledge of successful volleyball

coaches. The roster of authors is a "whos who" list of coaches. Experts include Doug Beal, Russ Rose, Mary Wise, Al Scates, John Cook and John Dunning. From philosophy and inspiration to conditioning and skill building, this work provides full-court coverage. The proven principles, strategies, teaching methods, practice procedures and game-management experiences told by these coaches combine to create a complete volleyball coaching book.

作者介绍:

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