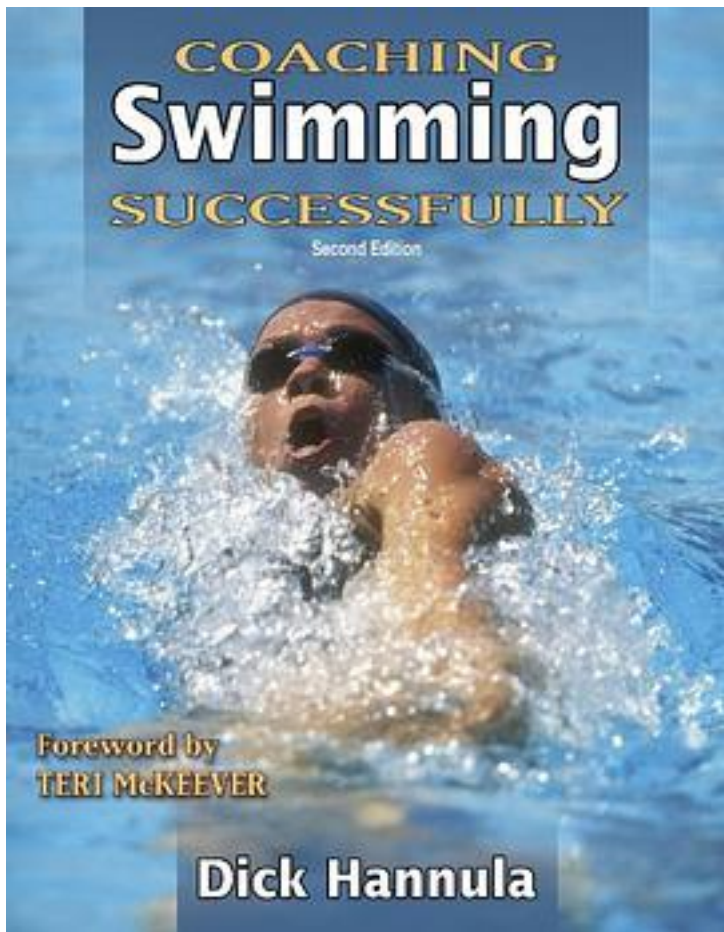


Coaching Swimming Successfully



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This guide to constructing a successful swimming programme covers all aspects of coaching including motivation, communication, planning, technique instruction and evaluation.

作者介绍:

目录:

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