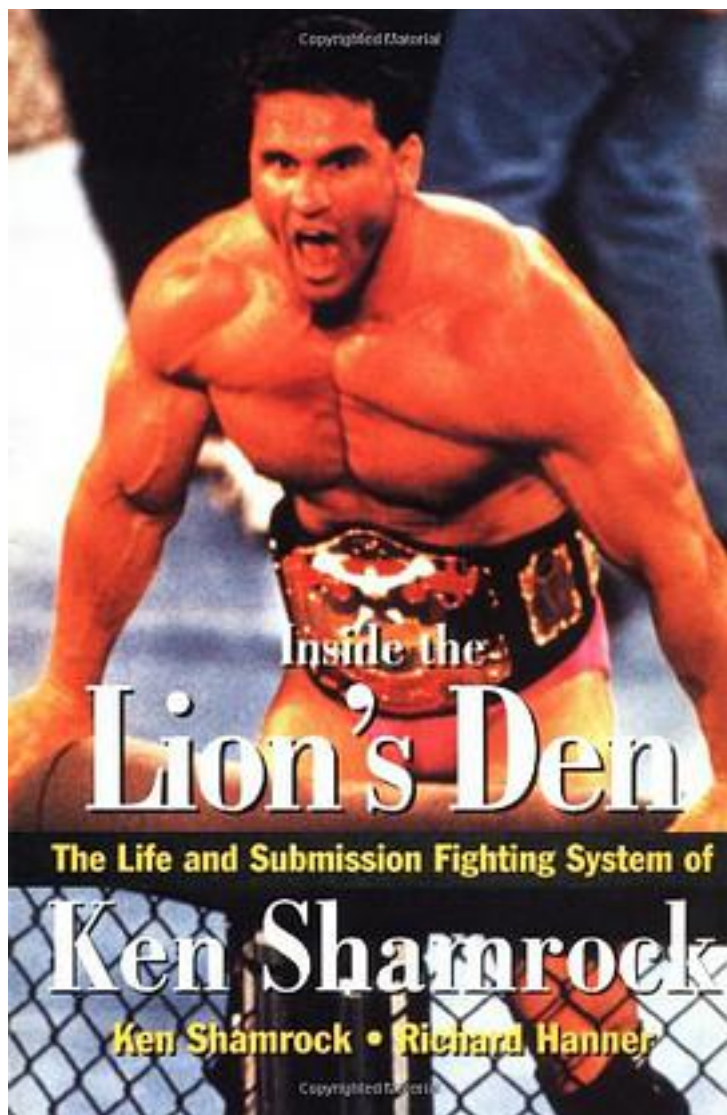


# Inside the Lion's Den



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"Inside the Lion's Den" is the remarkable story of Ken Shamrock's ascent to the pinnacle of reality martial combat. An inspiration to thousands, Shamrock picked himself up from a troubled youth growing up in group homes to become the legendary warrior who dominated no-holds-barred martial arts competition in both America and Asia. Whether you know him as "King of Pancrase" or The Ultimate Fighting Championship's "Superfight Champion," step inside the Lion's Den for a new look at "The World's Most Dangerous Man." Here, the secrets of Shamrock's ultra-efficient submissions fighting system and his champion training regimen are revealed. With more than 150 photographs, "Inside the Lion's Den "will shock and amaze you."

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