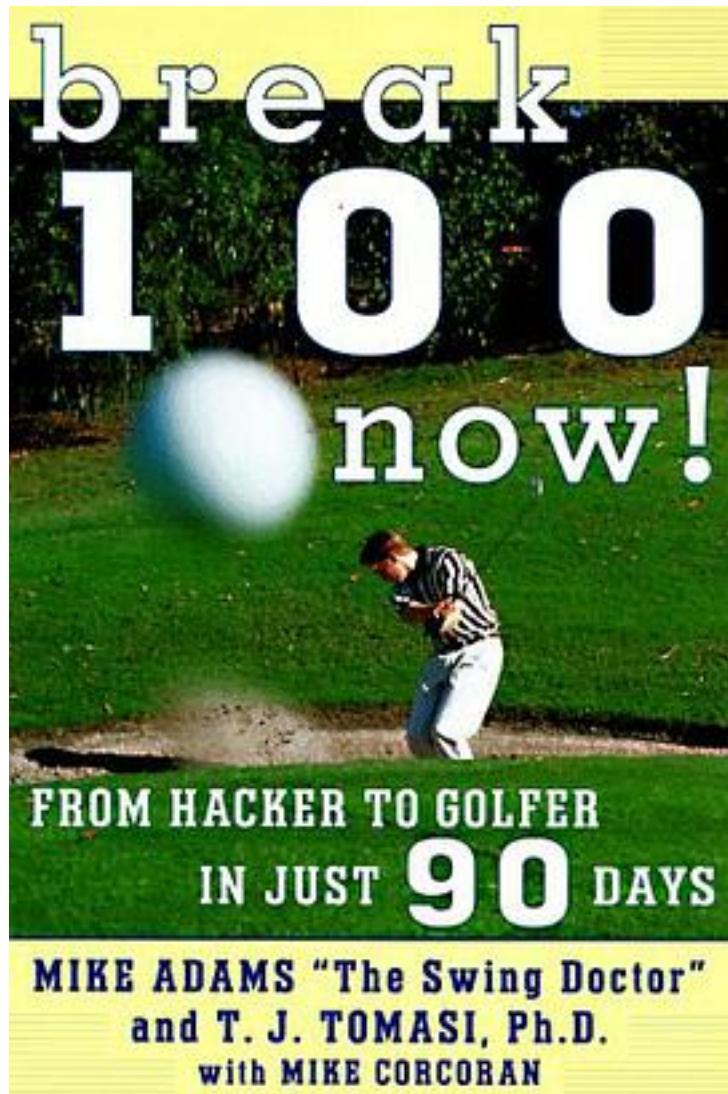


Break 100 Now



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出版者:Harpercollins

出版时间:1998-2

装帧:Pap

isbn:9780062734808

Now, for the vast majority of golfers who struggle to shoot below 100 for 18 holes, a practical instruction book... In *Break 100 Now!*, renowned "Swing Doctor" Mike Adams provides a sensible, non-technical approach that high handicappers can put to immediate use to lower their golf scores. Unlike traditional golf instructionals, *Break 100 Now!* focuses more on the practical and less on mechanics. It stresses simple but proven strategies, such as replacing long irons with easier-to-hit fairway utility woods (4-5-6-7) and forsaking the driver for the more reliable 3-wood -- an exchange of only eight yards for accuracy. Written in clear, straightforward language, this book offers both the beginner and the novice a ninety-day program that enables them to go from hacker to golfer in the shortest time possible. Even experienced golfers can benefit from these invaluable tips and advice.

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