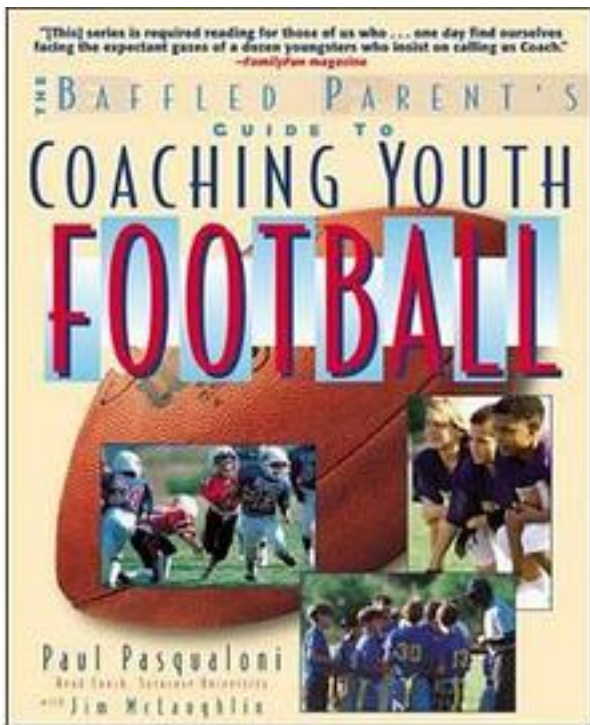


Coaching Youth Football



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著者:ASEP

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Whether you're a parent new to coaching or an experienced youth coach, Coaching Youth Football is your playbook for a successful season. Through the expertise of coach Tom Bass and USA Football, you'll gain field-tested tips on how to run your team, communicate with and handle players, provide basic first aid, plan and conduct practices, draw up plays, and keep it all fun. Fundamentals of offense, defense, and special teams are covered in depth, supported by 30 new drills, 50 coaching tips, and more than 140 photos and illustrations. Ideal for coaches of players aged 14 and

under, Coaching Youth Football will help you create an environment that promotes learning, enables your kids to enjoy their football experiences, and motivates them to come out for the team year after year. This book is also a valuable component of the Coaching Youth Football online course, the official course of USA Football, offered by the American Sport Education Program. Numerous park and recreation departments and youth sport organizations use the course in training coaches of players aged 8 to 14.

作者介绍:

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