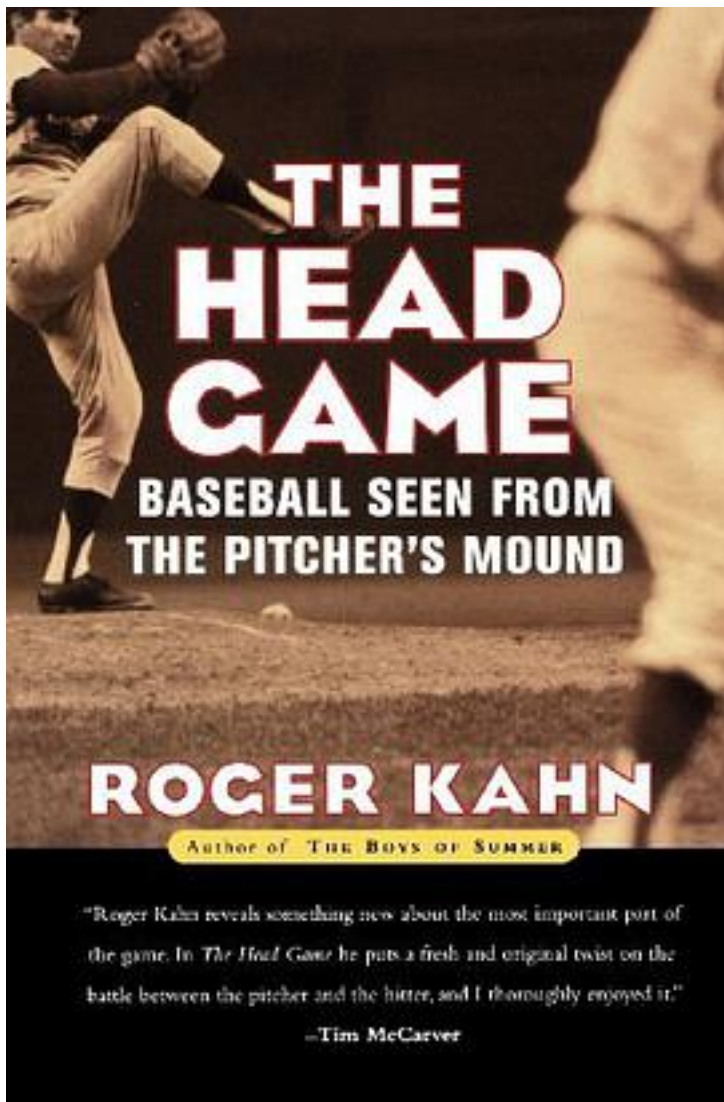


The Head Game



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著者:Kahn, Roger

出版者:Harvest Books

出版时间:2001-4

装帧:Paperback

isbn:9780156013048

Beyond the techniques and training, baseball begins with one player facing another and the psychological battle that they wage-the head game. In his critically acclaimed and bestselling new book, Roger Kahn presents the story of this supreme war of wits and the people who changed the course of baseball by playing, what he calls, chess at 90 miles an hour. In The Head Game, Kahn investigates not only grips, tactics, and physics, but also the intelligence, maturity, and competitive fire that has inspired some of the greatest hurlers in history. By covering renowned pitchers and pitching minds-from Christy Mathewson, Cy Young, Don Drysdale, Bob Gibson, and Bruce Sutter to today's reigning pitching coach, Leo Mazzone-Roger Kahn sheds new light on baseball's most pivotal contest. A delightful and edifying tour of America's favorite pastime seen through the pitcher's eyes, The Head Game "is as lively and familiar and old-shoe as the game itself, even today" (Los Angeles Times).

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