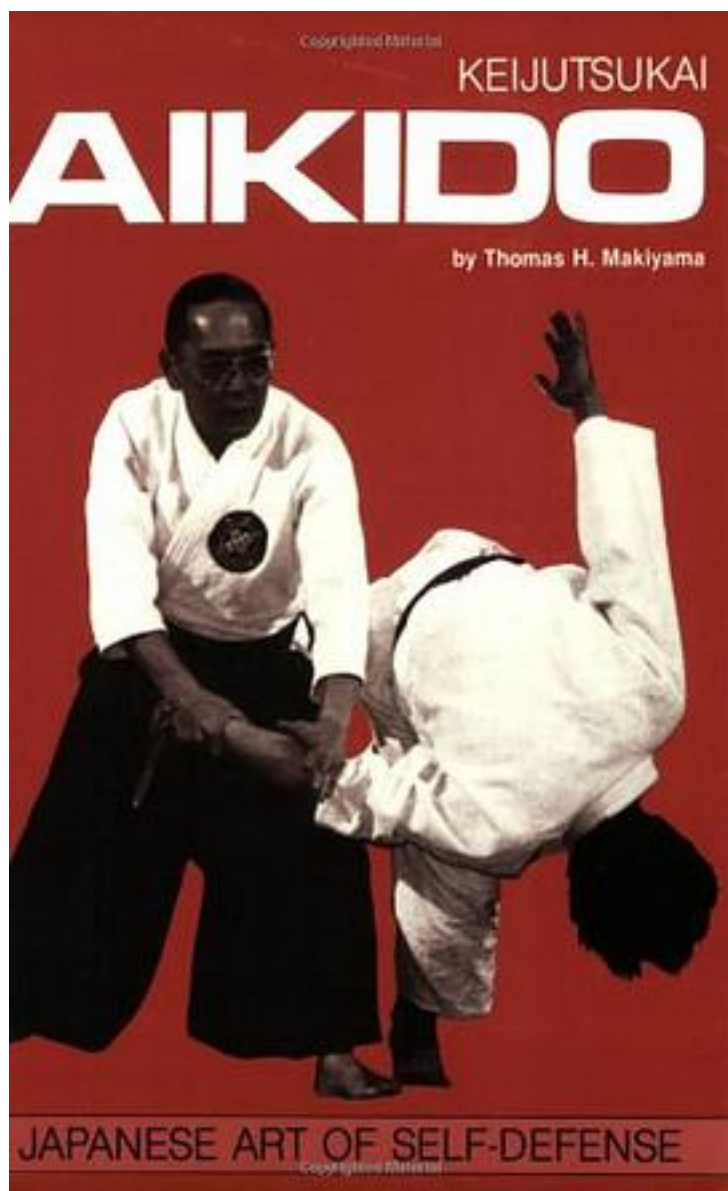


Keijutsukai Aikido



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Thomas Makiyama, an eighth-degree black belt and the only American officially certified shihan by a Japanese aikido organisation, teaches preparation, basic directional throws, classification forms, and basic and advanced self-defence.

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