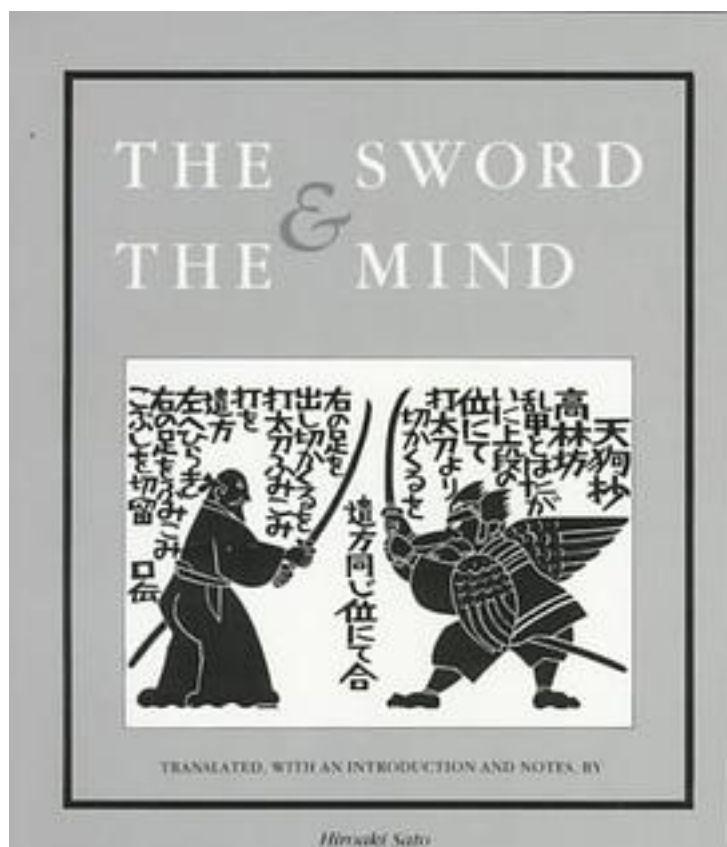


The Sword and the Mind



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The Sword and the Mind is the merging of the ideas and experiences of Hidetsuna, Muneyoshi, and Munenori, three swordsmen in 16th- and 17th-century Japan. An exquisite guide to Japanese swordsmanship and strategy, this brand new translation offers martial artists and anyone looking to apply tactical wisdom to their lives an insightful look into the fundamentals of strategy. This translation from the ancient Japanese by William Ridgeway, a lifelong student of the way of the samurai, is a fresh

and never-more-relevant addition to the library of every admirer of strategic philosophy.

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