

Day & Overnight Hikes



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出版者:Transition Vendor

出版时间:2007-5

装帧:Pap

isbn:9780897329736

The Pacific Crest Trail (PCT) winds for 460 miles along the crest of the Cascade Mountains in Oregon. From a high of 7,300 feet above sea level to a low of 200 feet, it traverses deep forest and mountain meadows, crosses whitewater streams and high-country vistas, and visits countless lakes, including Crater Lake, one of the wonders of the United States. Despite its reputation as a hardcore wilderness experience, the PCT is within a few hours of more than 90 percent of Oregon's population, and has many sections suitable for families with children and hikers of all abilities. This guide includes 17 day hikes and nine overnight hikes, each rated for scenery, difficulty, trail condition, solitude, and accessibility for children. Also included with each trail description are directions to the trailhead and GPS-based trail maps and elevation profiles.

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