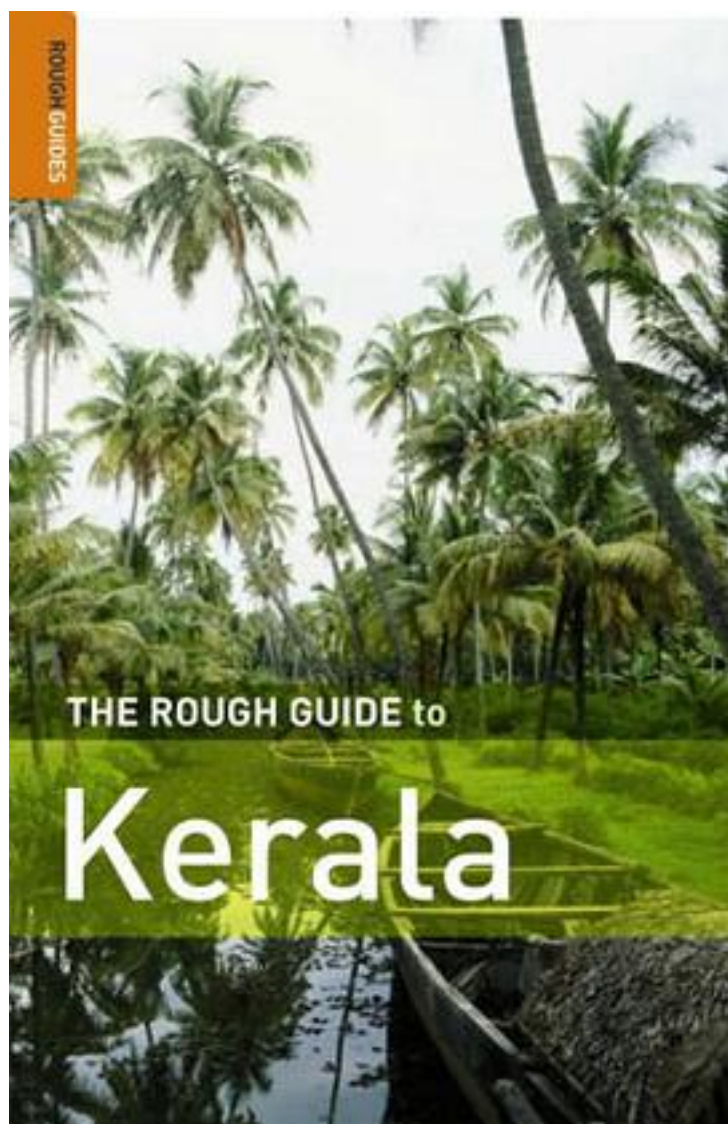


The Rough Guide to Kerala



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The Rough Guide to Kerala is your essential guide to India’s phenomenally beautiful southern tip. The full-colour section introduces the regions highlights from cruising Kerala’s backwater region in a converted rice barge to the Periyar Wildlife Sanctuary. This brand-new title boasts enormous detail on everything from top-end resorts to traditional rice-plate restaurants, plus a wealth of information about Ayurvedic medicine, yoga, beaches and advice about how to venture off the beaten track. You’ll find hundreds of accommodation listings, covering luxury and ayurvedic spa resorts, homestays in traditional Keralan tharavad houses, organic farms in the backwaters, jungle tree houses and beach-side backpacker hangouts. The guide comes complete with maps and plans for every area and expert coverage of South India’s history, wildlife and religion. The Rough Guide to Kerala is like having a local friend plan your trip!

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