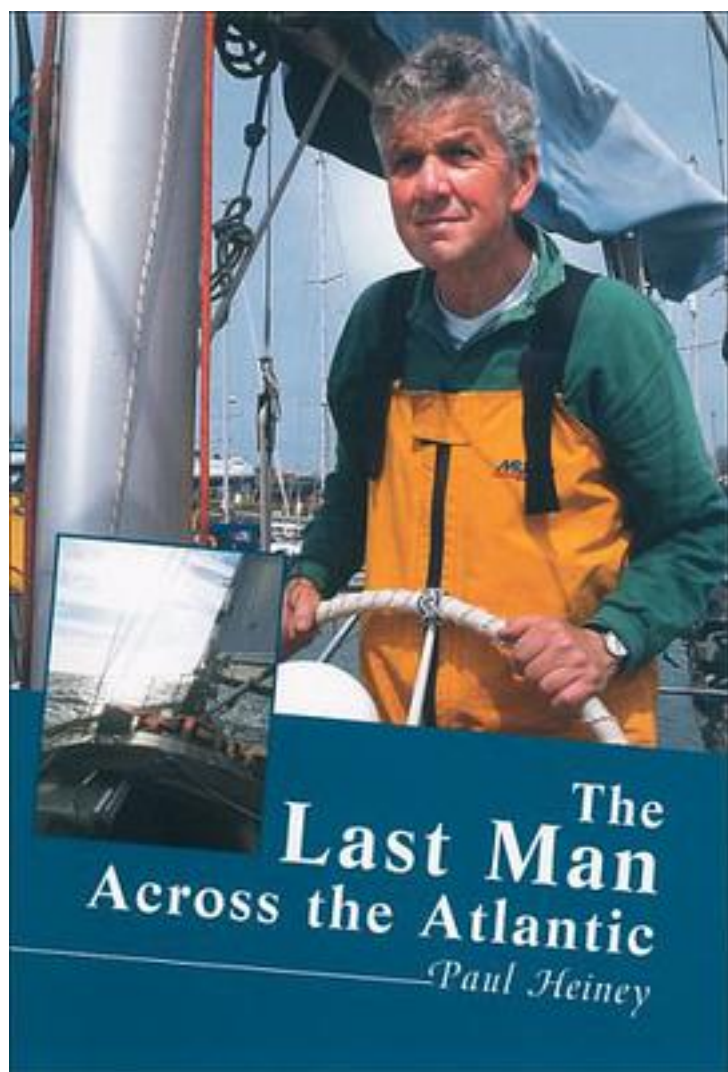


The Last Man Across the Atlantic



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著者:Paul Heiney

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In 2005, writer and broadcaster Paul Heiney, an amateur sailor by any stretch, entered the Singlehanded Transatlantic Race in a standard family cruiser in which he had great confidence, although not so much in his own abilities. This is his account of what it is like to be out there alone.

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