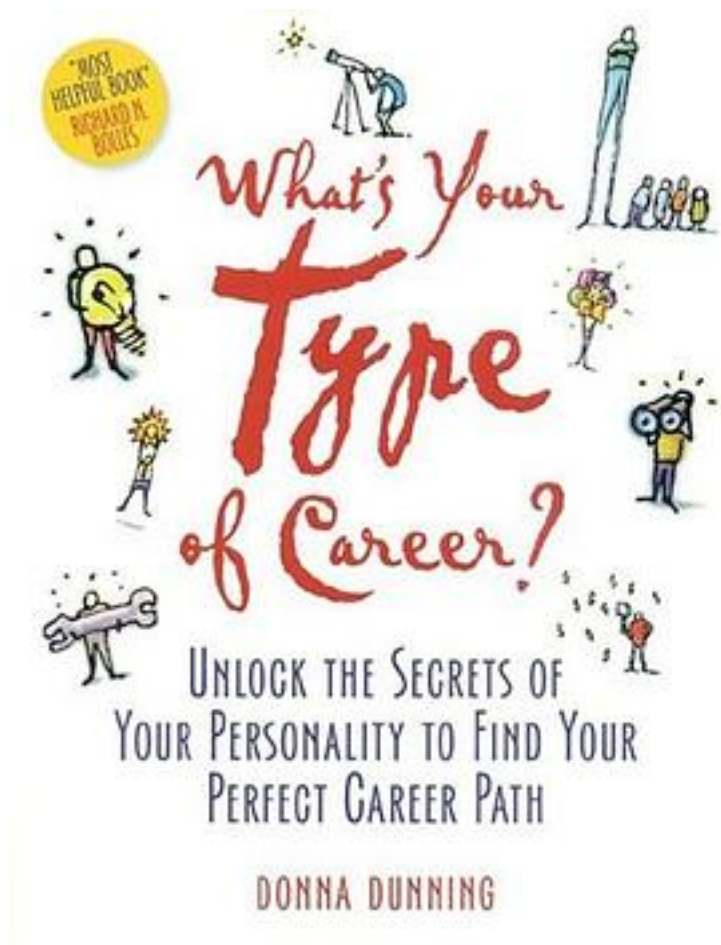


What's Your Type of Career?



[What's Your Type of Career? 下载链接1](#)

著者:Dunning, Donna

出版者:Natl Book Network

出版时间:2001-2

装帧:Pap

isbn:9780891061540

We spend at least one-third of our lives working. But what makes work meaningful and rewarding? Career expert Donna Dunning writes that work is satisfying if it interests you and allows you to do the things you enjoy. But she also notes that work that is

interesting and enjoyable for one person may be totally unsuitable for another. She states that is because of people's differing personalities. Whether you are just starting out, looking for a change, exploring business ideas, or thinking about retirement activities, WHAT'S YOUR TYPE OF CAREER? will show readers how to find work in that perfect career. Dunning's advice is based on the Myers-Briggs Type Indicator (r) assessment. The first portion of the book uses powerful, but easy-to-use worksheets to guide the reader in determining their personality type. The second and third parts are in-depth, highly-relevant, jargon-free descriptions and explanations of the eight "Ways of Working." They explore the work preferences, strengths, areas for development, learning, teamwork, and leadership styles of each type. They provide practical suggestions for types of work that attract each personality type and guide the reader to match their personality type with the appropriate career path. The eight "Ways of Working" are:

Extraverted "Ways of Working"

1. Responders: Act and adapt
2. Explorers: Innovate and initiate
3. Expeditors: Direct and decide
4. Contributors: Communicate and cooperate

Introverted "Ways of Working"

5. Assimilators: Specialize and stabilize
6. Visionaries: Interpret and implement
7. Analyzers: Examine and evaluate

8. Enhancers: Care and connect The process outlined in WHAT'S YOUR TYPE OF CAREER? is very useful to anyone's pursuit of the perfect career. It will help readers manage transitions, enrich career choices, and move into opportunities that will best suit their unique talents by showing how to:

- * Use natural strengths and skills based on personality type to expand and enhance work

- * Become more aware of what makes work more fulfilling

- * Make better career choices to suit motivations and preference

- * Be better prepared for the changing future by understanding their natural "Way of Working"

- * Identify areas for growth

- * Initiate personal growth

- * Heighten career satisfaction Beyond the individual level, companies want to ensure that they are using the strengths of their workers. WHAT'S YOUR TYPE OF CAREER? can provide a quick and effective way to do that. If a current HR program does not look at

individual differences as strengths and areas for improvement, they can use this tool to improve their process.

作者介绍:

目录:

[What's Your Type of Career?_下载链接1](#)

标签

career

评论

[What's Your Type of Career?_下载链接1](#)

书评

[What's Your Type of Career?_下载链接1](#)