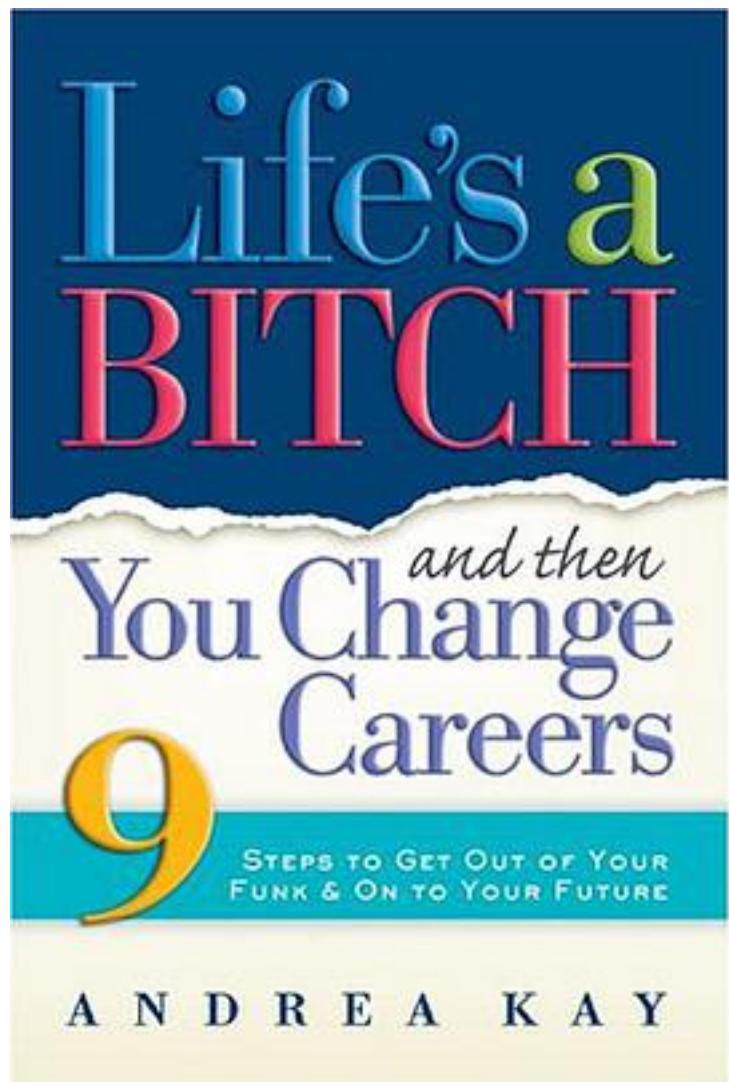


Life's a Bitch and Then You Change Careers



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Life can be, well, a bitch when you're in the wrong career. We're not just talking about a job in a place you don't like, but that hopeless feeling when you know that your life is moving in the wrong direction. Andrea Kay knows it's possible to make a change - and with this book she will show you how. Based on her own very successful career consultancy, Andrea has developed a 9-step program that anyone can follow. The result is a deep understanding of what you really want to do and a career path that fits who you really are. The process begins with some soul-searching, "blue-skying," and "what-ifing." Each step builds on the next while you create a new, concrete career objective based on who you are - not who others think you should be. Once you've determined your path, Andrea brings things back to earth and deals with how to make the change happen - from researching the field, tackling financial concerns, getting any necessary education or training, networking, interviewing, to getting that first job.

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