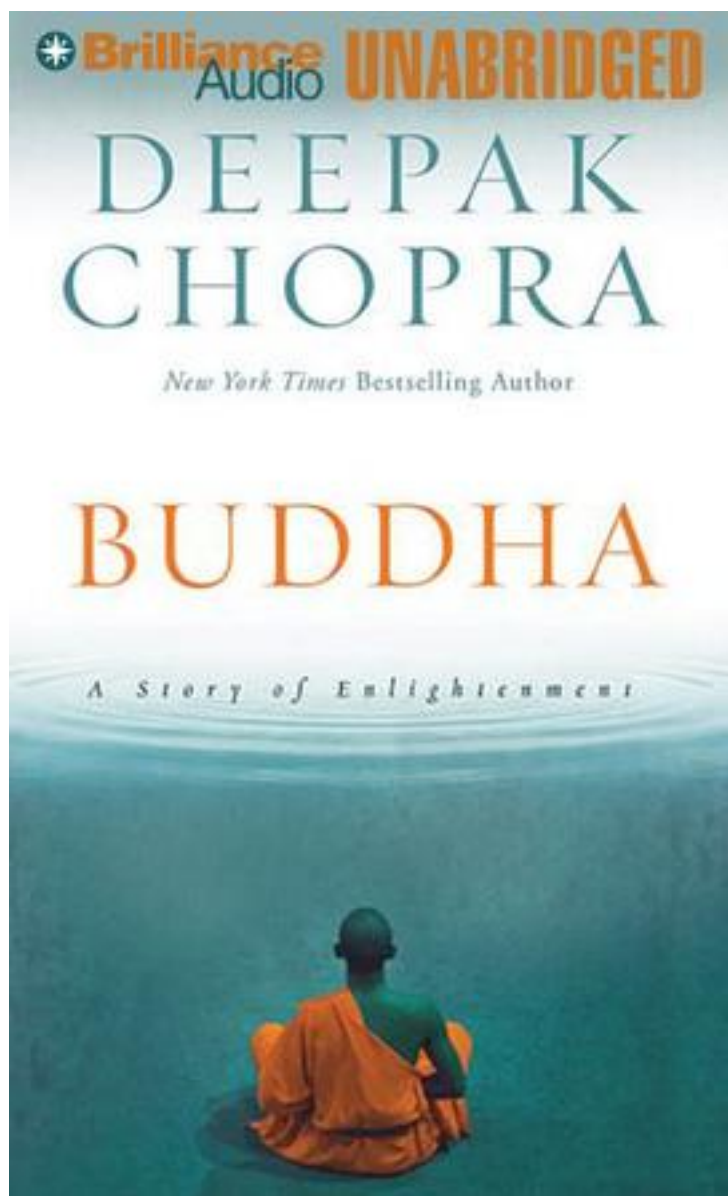


Buddha



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Based on the Buddhist practice of the Eightfold Path, Buddha: 9 to 5 provides you with a hands-on set of tools to re-awaken yourself, your employees, and your organization. Using the Buddhist concepts of Intention, Mindfulness, and Right Action, you'll be able to reap prosperity not just in profits but in stronger connections with your employees and your customers. Incorporating principles the author herself used to create and grow a successful multimillion-dollar business, Buddha: 9 to 5 is filled with practical exercises and examples from real-life companies. Buddha: 9 to 5 is the manager's guide for authentic--and successful--leadership.

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