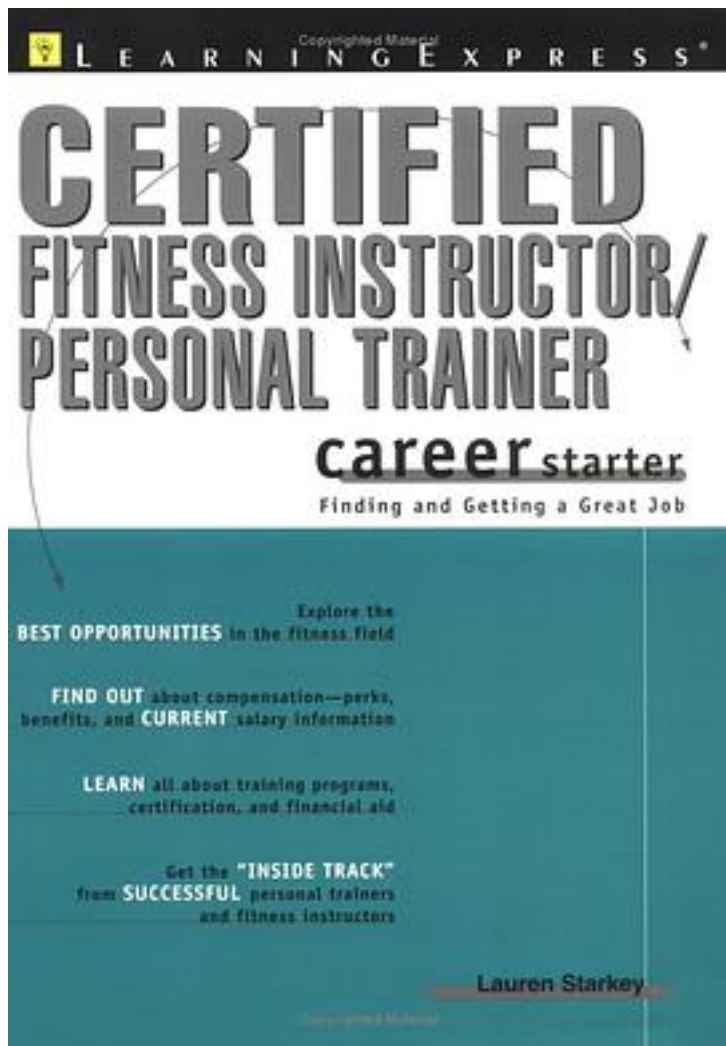


Certified Fitness Instructor Personal Trainer Career Starter



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A career as a fitness professional can lead to an exciting and rewarding future with room for advancement. Certified Fitness Instructor/ Personal Trainer helps candidates get started on the path to fitness career success. This guide includes descriptions of the wide variety of jobs in the fitness industry, including the many sectors where instructors and trainers are employed. The book provides essential information on a range of training programs, and how to earn certification. In addition, there are helpful tools for financing education, conducting a successful job search, and uncovering the steps to proficiency and the path to success. Important tips on client and management relations, information on liability issues, and keeping current with the latest changes and trends in the fitness industry round out this excellent guide.

作者介绍:

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