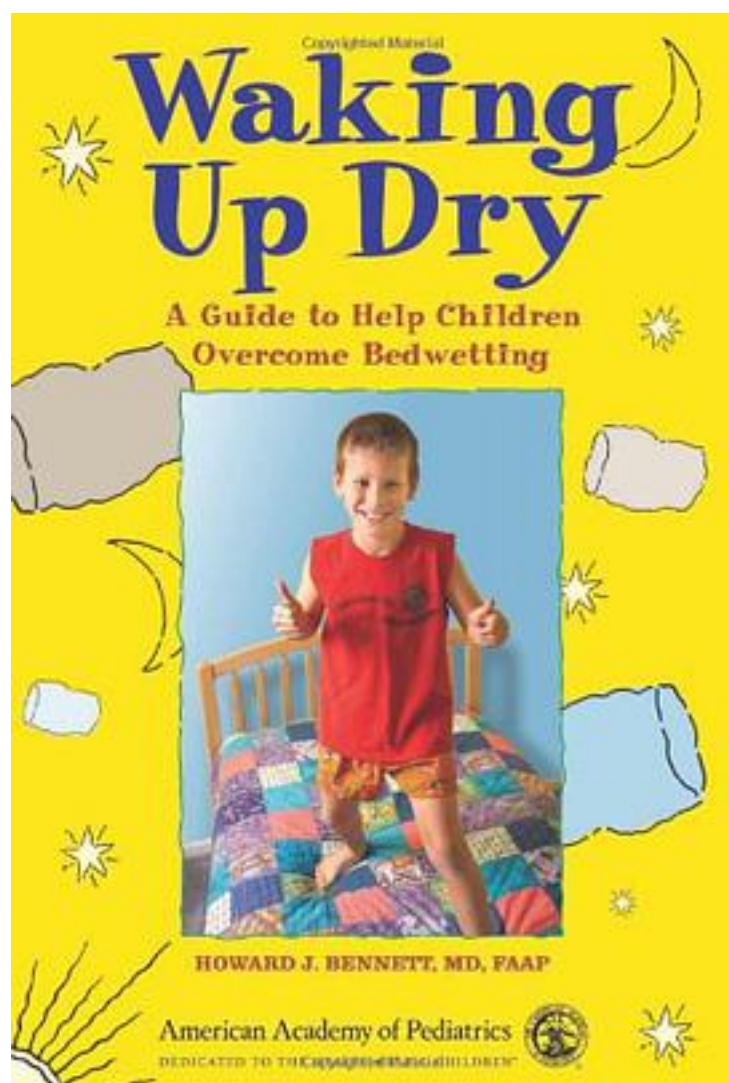


# Waking Up Dry



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出版者:Independent Pub Group

出版时间:2005-8

装帧:Pap

isbn:9781581101560

Written in a child-friendly tone that mirrors a one-on-one conversation with Dr. Bennett, this self-help guide is designed to assist children in conquering bedwetting. Although appropriate for parents and caregivers, the conversations and activities are meant for children to read alone or with a parent. Full of practical tips and a specific program for overcoming this embarrassing condition, this guide covers topics such as waking-up practice, bedwetting alarms, and how to handle sleepovers. Cartoon characters Bladder Man (a superhero) and Nephron put a humorous spin on the subject and help explain the causes of bedwetting, and numerous examples of others that share the condition show children that they are not the only ones who are affected. Simple activities keep children engaged and help them grasp how their urinary system functions, while QandA sections provide more detailed information for parents.

作者介绍:

目录:

[Waking Up Dry\\_ 下载链接1](#)

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