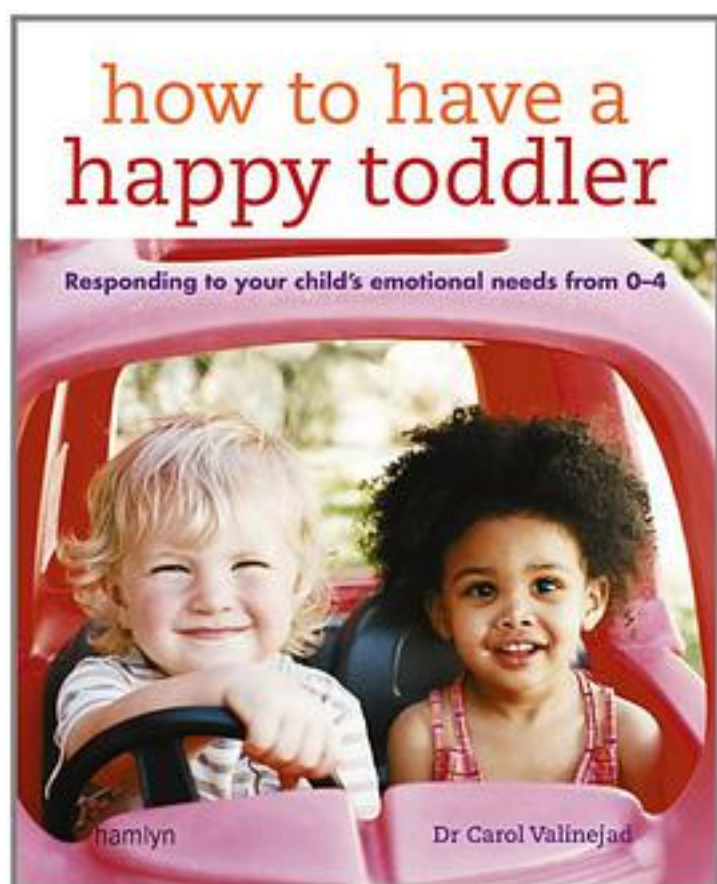


# How to Have a Happy Toddler



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Ask anyone what they wish for their child, and health and happiness will come out top. Here parenting expert Dr Carol Valinejad explains the vital ingredients that will help your baby develop into a happy toddler and give him or her the very best social and emotional advantage in later life. Covering the nature of unconditional love, positive

attention and respecting others, the book addresses common concerns and is packed with practical advice on communicating, managing emotions and guiding your baby and preschooler towards independence. By showing you ways to help your toddler develop social skills and explaining why emotional intelligence is just as important as IQ, this book will help you to raise happy, confident, well-adjusted children.

作者介绍:

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