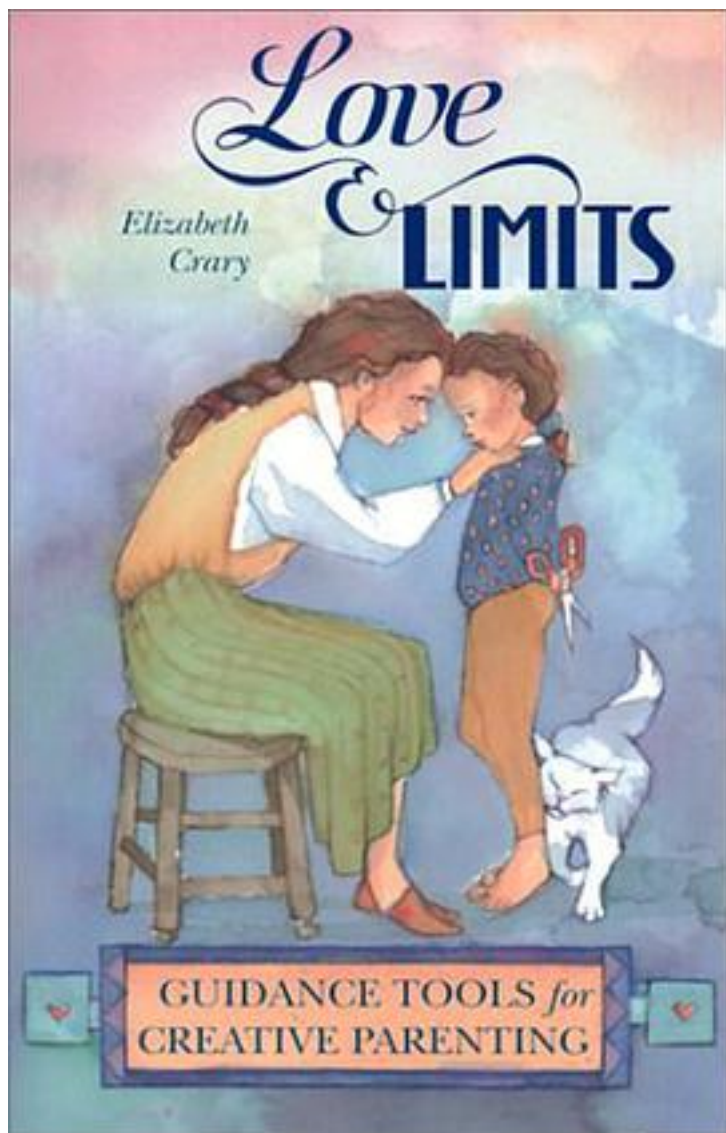


# Love and Limits



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出版者:Thomson Learning

出版时间:

装帧:HRD

isbn:9781565939363

Designed for traditional and nontraditional contemporary parents who want to regain control over their lives and their children, the primary goal of this text is to empower parents to choose the best "tool for the job" while challenging their personal values and beliefs about parenting and discipline. It equips parents with the tools needed to balance love and limits with their children, and includes over one hundred parenting tools, special information on dealing with grief and loss, anger and blame, and parental disagreement. It also provides the reader with exercises to determine their parenting values and beliefs, as well as a quick reference guide on how to handle the most common and the most stubborn child behavior problems.

作者介绍:

目录:

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