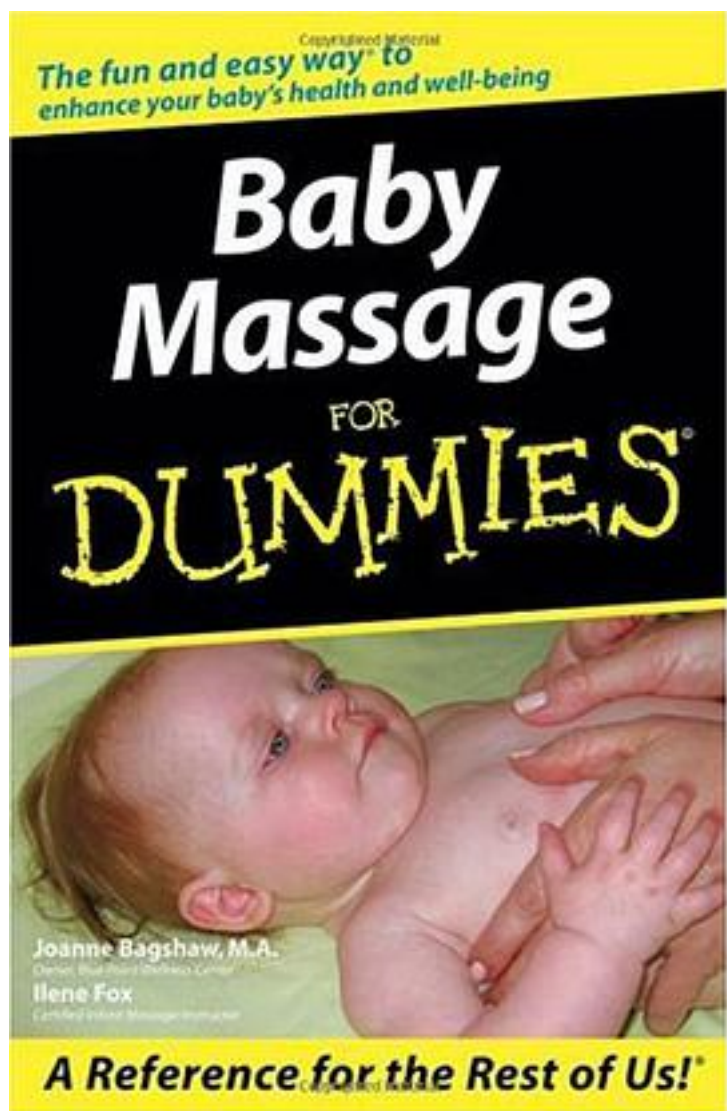


Baby Massage for Dummies



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Explains massage for preemies, newborns, and toddlers Soothe your baby and promote well-being the all-natural way Curious about baby massage? Featuring illustrations and step-by-step instructions, this friendly guide makes it easy to use techniques that can reduce your baby's stress; ease the discomfort of colic, constipation, and teething; and create a strong attachment between the two of you. You'll also find suggestions for making massage part of your everyday routine. Discover how to: * Ease common ailments * Enhance your bond with your baby * Stimulate growth and development * Comfort a fussy baby * Massage babies with special needs

作者介绍:

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