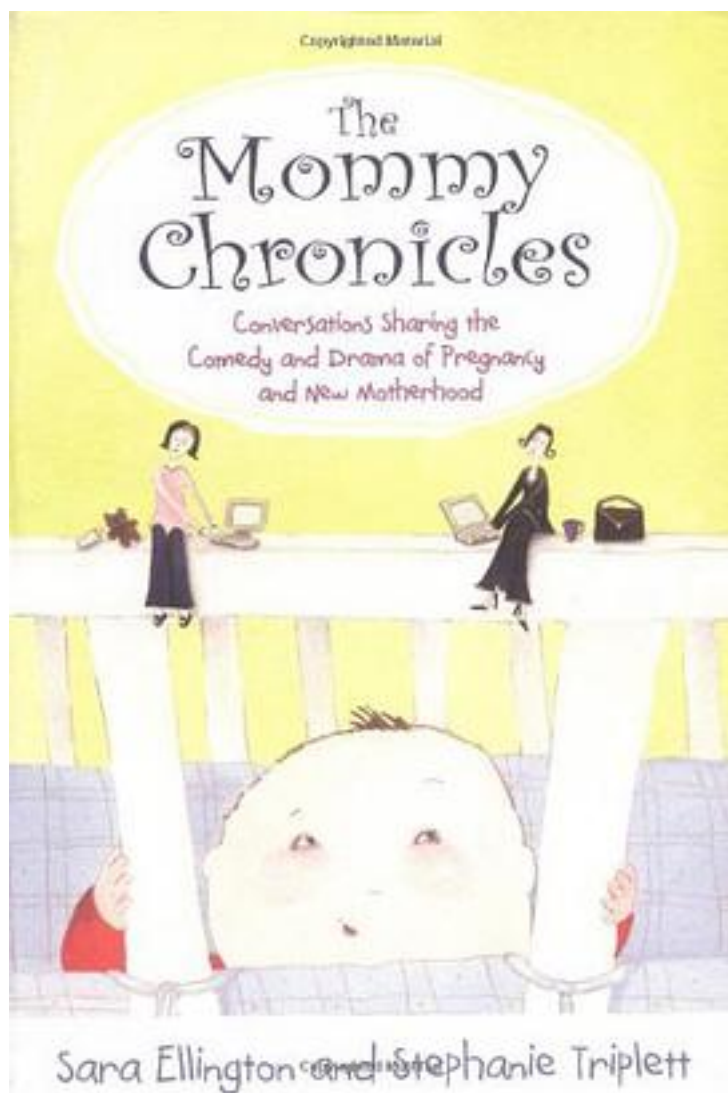


# The Mommy Chronicles



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When girlfriends Stephanie Triplett and Sara Ellington realized they were both pregnant and their babies were due only two weeks apart, they began e-mailing each other constantly. Throughout their individual journeys, both women discovered many aspects of pregnancy, childbirth, and especially motherhood that no one ever seemed to talk about. Stephanie and Sara had both read every book on pregnancy and childbirth they could get their hands on, so why weren't they prepared for the roller-coaster ride they were about to embark on? Why hadn't anyone ever given them the real truth about being a mommy before?! The Mommy Chronicles is a candid, honest, and sometimes irreverent view into the lives and emotions of these two new mothers. In intimate and often hilarious detail, the authors share their own diverse, as well as universal experiences, of motherhood. Listen in on their conversations as they laugh, cry, rage, and celebrate their first year as mothers. Labor and delivery, postpartum depression, career choices, daycare dilemmas, husbands who don't get it--it's all here, presented in an entertaining, easy-to-read format.

作者介绍:

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