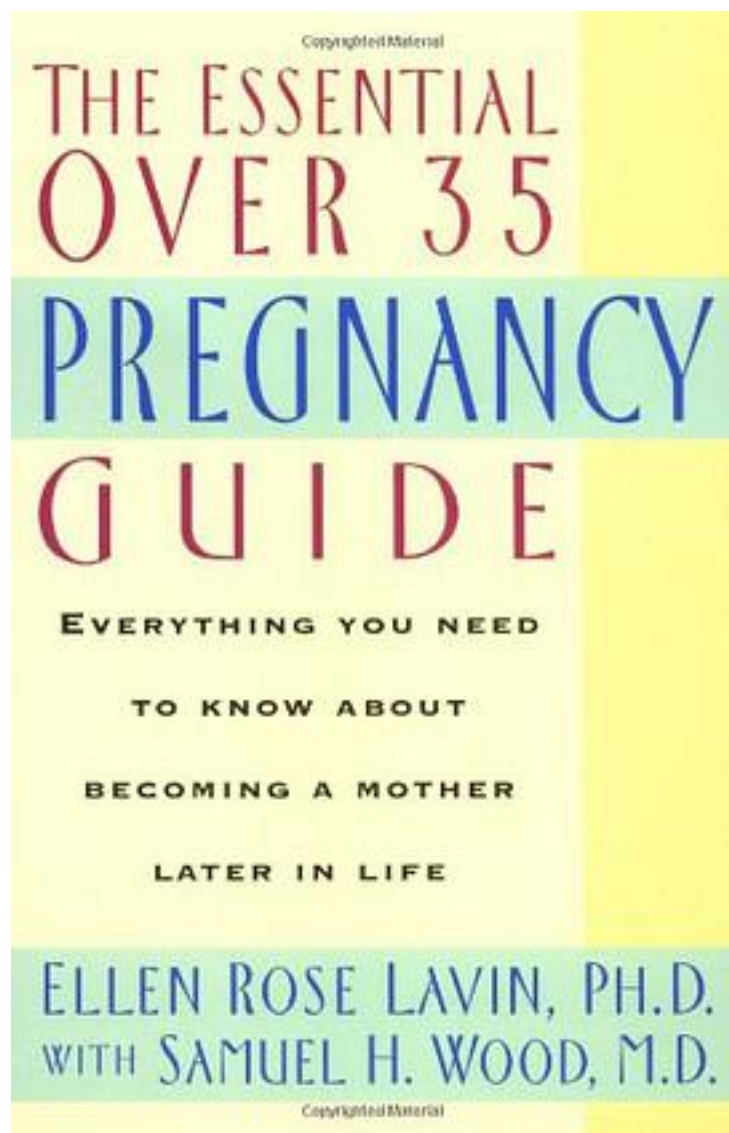


# Essential Over 35 Pregna



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THE GOOD NEWS ABOUT HAVING A BABY WHEN YOU'RE OVER 35 Age 35-plus can be a great time to have a baby, and the chances for getting pregnant and carrying to term are good. Every day in the United States, more than a thousand women over the age of 35 give birth to healthy babies. Ellen Lavin, a marriage, family and child counselor specializing in pregnancy issues, and the 44-year-old mother of a three-year-old son, provides the answers every later-in-life mother is looking for, from pre conception thoughts to childbirth. Get the most up-to-date information about:

Specific steps to take in preparing yourself for a healthy pregnancy

How to improve your chances of getting pregnant

The biology of conceiving after 40

The common-sense, positive reality about delivering a healthy baby at 35 and over

Prenatal tests: the benefits and risks, including a thorough look at amniocentesis and chorionic villus sampling

Myths vs. reality about health risks during pregnancy

Causes and likelihood of miscarriage

Getting past your fears and embracing your pregnancy

When to consider infertility treatment and what to expect

and much more

Including: Month-by-month pregnancy progress, with particular attention to the concerns of women having a baby later in life.

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