

# And Baby Makes Four



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Welcoming a Second Child into the Family The joy and love that your first child has brought into your life is immeasurable, and now you're ready for another baby. You've been through pregnancy and childbirth before, but this time you have added responsibilities toward a little person who hasn't had that experience. And Baby Makes Four is written specifically to inform and support each member of the family as they meet the challenges that come with welcoming another child. Drawing on personal experience as well as advice from experts pediatricians, psychiatrists, obstetricians, midwives, parents and childbirth educators author Hilory Wagner provides a one-of-a-kind reference to guide parents through the many changes affecting their growing family Practical guidelines for dealing with the physical and emotional differences in pregnancies. An indispensable source for preparing your child for a new baby. Fail-safe tactics for getting through the toughest times of pregnancy. Special activities to share with your child during the last few weeks of pregnancy. Tips for helping every member of the family assume their new role in the larger family. A mini-survival guide for understanding and defusing sibling jealousy and rivalry. A list of the best books for new siblings. AND MUCH MORE!

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目录:

[And Baby Makes Four 下载链接1](#)

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