

Helping the Stork

HELPING *the* STORK

The Choices and Challenges *of* Donor Insemination

Understanding the Options

Making the Decision

Enlisting Support from
Friends, Family, and Professionals

Building a Strong Family

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Helping the Stork The sourcebook for all the information parents-to-be need to know about the choices and challenges of donor insemination Each year donor insemination (DI) offers a pathway to parenthood for the hundreds of thousands who turn to family-building alternatives. Although DI is considered as often as adoption, couples facing male infertility, as well as single women and lesbian couples, have had few places to turn for information about this method, which has been shrouded in secrecy. In Helping the Stork, parents-to-be, as well as friends and family, doctors, and counselors, can explore the choices and challenges raised by this alternative to overcoming childlessness. This comprehensive handbook moves through each step of the process: reaching a solid decision about whether donor insemination is the best choice for a family's future; handling the difficult issue of privacy; selecting a donor and getting started; and learning to thrive as a family meeting DI's added challenges. Full of wisdom from medical and mental health experts, Helping the Stork is also enriched with stories from many families who share their insights and experiences. This book is a reassuring, supportive, and helpful guide that no one considering or going through the process of donor insemination should be without. Visit us online at <http://www.mcp.com/mgr>

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