

No



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Join the movement to say Yes to No. An unprecedented coalition of parents and educators across Minnesota have adopted "No" as a statewide read. Although saying No to your child is obviously important, many parents still have a hard time following through -- even when they know they should -- especially when other parents and the culture around them are being permissive. Now, successful psychologist, bestselling author, and nationally known parenting expert Dr. David Walsh provides you with an arsenal of tactics, explanations, and examples for using No the right way with your kids. His memorable, affecting, and sometimes humorous anecdotes help you regain confidence in your own judgment and ability to say No as they remind you that you're not alone in your parenting struggles. With Dr. Walsh's down-to-earth advice, you can immediately assess and improve your relationship with your kids, set and enforce limits that make sense for different ages (from toddlers to teens), and otherwise make No a positive influence on kids' behavior and in your overall family life. The first look at the psychological importance of No in a child's development, "No" offers the lively voice, warm wisdom, science made simple, and breadth of knowledge that readers have come to expect from Dr. Walsh.

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