

It's Never Too Soon to Show Discipline

IT'S NEVER TOO SOON TO DISCIPLINE

A Low-Stress Program That Shows
Parents How to Teach Good Behavior
That Will Last a Lifetime

For Ages 6 and Under



DR. RUTH PETERS

Author of *Don't Be Afraid to Discipline*

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As a respected child psychologist and mom with more than twenty years' experience, Dr. Ruth Peters knows how quickly children—even those younger than two—can gain the upper hand in the parent-child relationship. Even in the earliest interactions with their children, parents can inadvertently encourage bad patterns of behavior and set the stage for future problems.

Dr. Peters outlines a behavior management system with clear, consistent, and fair rules that are connected to solid consequences and meaningful rewards. The book features:

- * A smiley-face chart to help kids know what is expected of them
- * Tips for using the system to handle socially inappropriate behavior (such as aggression, bossiness, and tantrums) and developmental issues (such as sleep problems and toilet training)
- * A chapter on attention deficit disorder
- * Specific advice for single parents and stepfamilies.

This parent-friendly, practical guide is the first step toward bringing order to every home.

作者介绍:

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