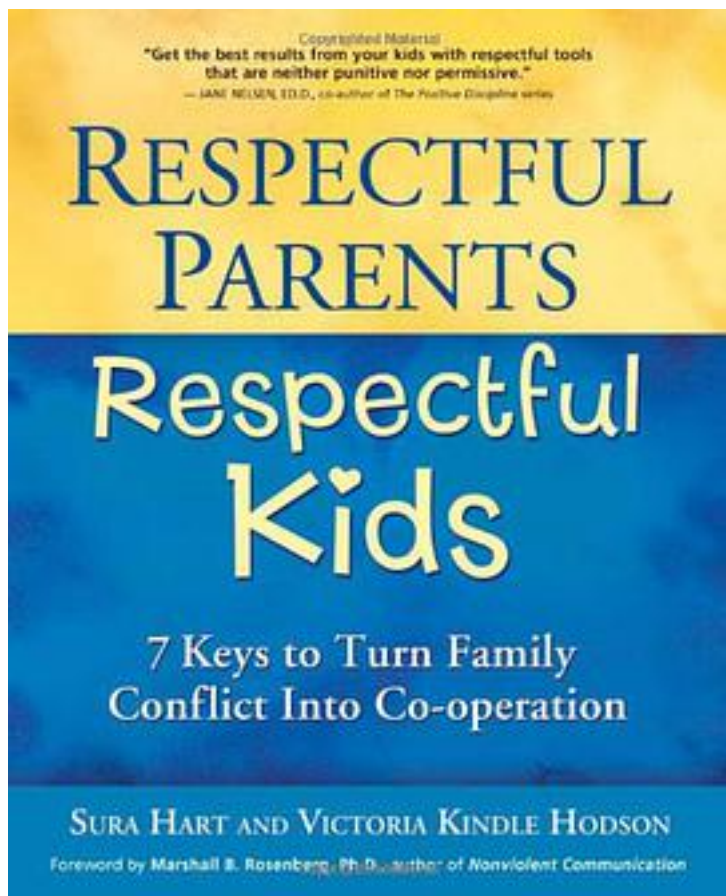


Respectful Parents, Respectful Kids



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著者:Kindle-Hodson, Victoria/ Hodson, Victoria Kindle

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More than a tool to correct bad behavior, this handbook urges parents to move beyond typical discipline techniques by creating an environment based on mutual respect, emotional safety, and positive, open communication. The seven outlined principles redefine the parent-dominated family by teaching parents how to achieve

mutual parent/child respect without being submissive, set firm limits without using demands or coercion, and empower children to open up, cooperate, and realize their own innate potential. Based on Marshall Rosenberg's Nonviolent Communication process, the framework helps parents break down the barriers to outstanding relationships with their kids by avoiding destructive language and habits that keep parents and children from understanding one another. Activities, stories, and resources help parents immediately apply the seven keys to any parenting situation.

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