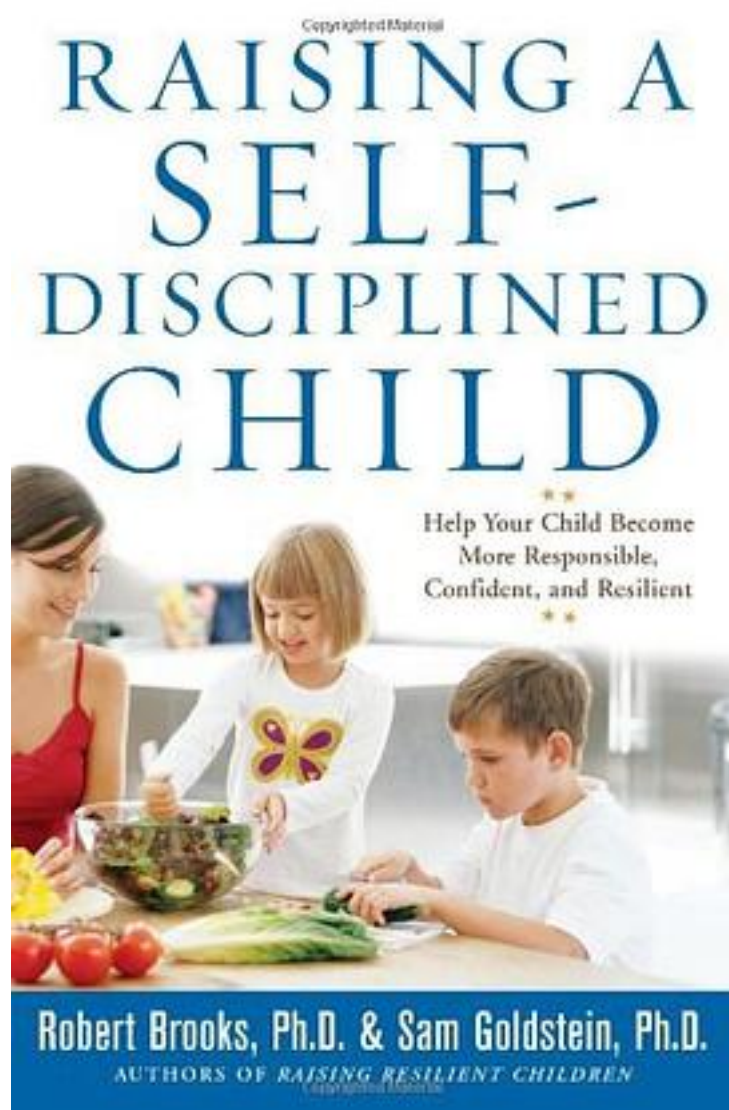


# Raising a Self-Disciplined Child



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"Hands-on, caring advice to make your child gratifyingly, skillfully independent."--"Kirkus Reviews" Learn to raise a self-disciplined child is confident, independent . . . and happy. "Raising a Self-Disciplined Child" is the groundbreaking book parents have been waiting for--a remarkably positive approach to a style of discipline that builds children up--from the acclaimed authors of "Raising Resilient Children." Filled with realistic, practical strategies and sample scenarios, it shows you how to teach your child, ages 6 through 16, the value of self-control, self-reliance, and self-assurance: the all-important skills that will last him a lifetime. Praise for "Raising Resilient Children" "Practical and clear in its suggestions, direct and supportive in its tone, "Raising Resilient Children" is the perfect book for parents searching for a caring method to help their children grow into healthy, loving, and mature adults." --William Pollack, Ph.D., author of "Real Boys" "Brooks and Goldstein help mothers and fathers focus on their child's strengths, not on his or her weaknesses. The result is a happier, more resilient child." --Michael Thompson, Ph.D., author of "Raising Cain"

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