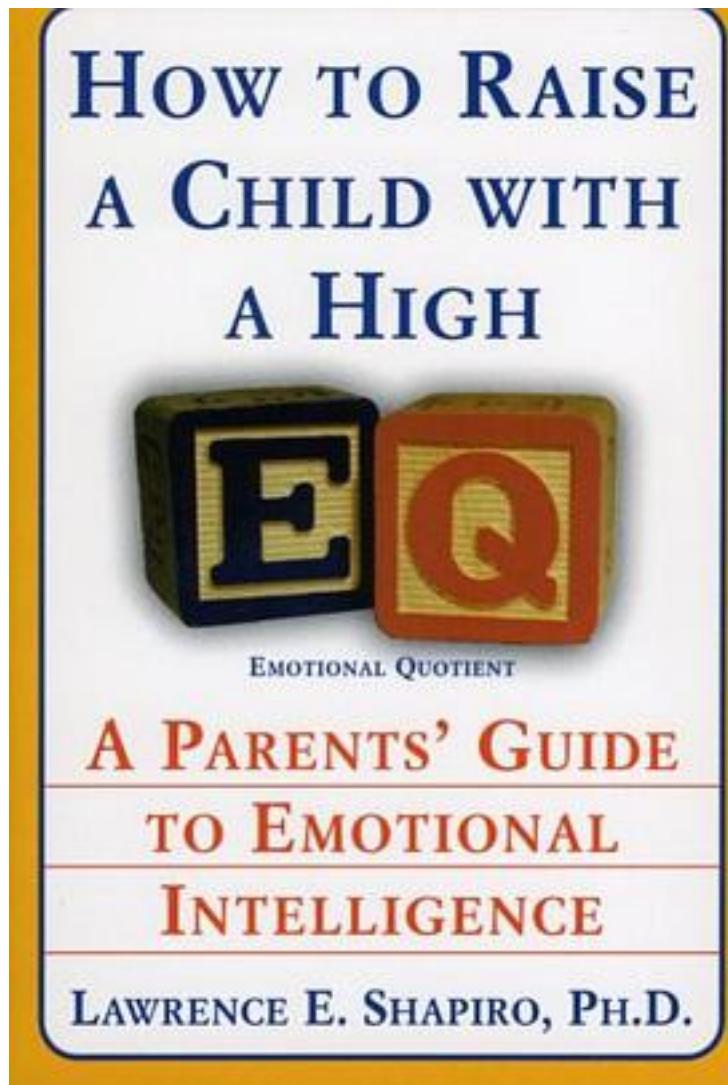


How to Raise a Child with a High EQ



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著者:Lawrence E. Shapiro

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Studies show that emotional intelligence -- the social and emotional skills that make up what we call character -- is more important to your child's success than the cognitive intelligence measured by IQ. And unlike IQ, emotional intelligence can be developed in kids at all stages. Filled with games, checklists and practical parenting techniques, *How to Raise a Child with a High EQ* will help your child to cope with -- and overcome -- the emotional stress of modern times and the normal problems of growing up.

作者介绍:

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标签

心理学

评论

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书评

非常喜欢这本书！用事实说话，以游戏的形式教给孩子情感和社会技能。情商不仅包括与人交往的能力，还包括独立、自控、适应、解决冲突、坚持不懈、尊重他人等情感特征。有人说情商关乎一个人成功与否，我以为，情商直接影响我们幸福与否。本书教会父母和孩子如何用高情商思考...

我看过的儿童教育和心理学的书籍至少也上百本了，从来没有想过这样冷门的一本书竟

然这么好。至少可以排到我看过的书籍中的前10%了。

这哪里的培养儿童情商，简直可以当作培养成人情商的教科书。

举个例子，书中建议随时随地做好事。这种事情和建议看起来很普通，上不了台面，也

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