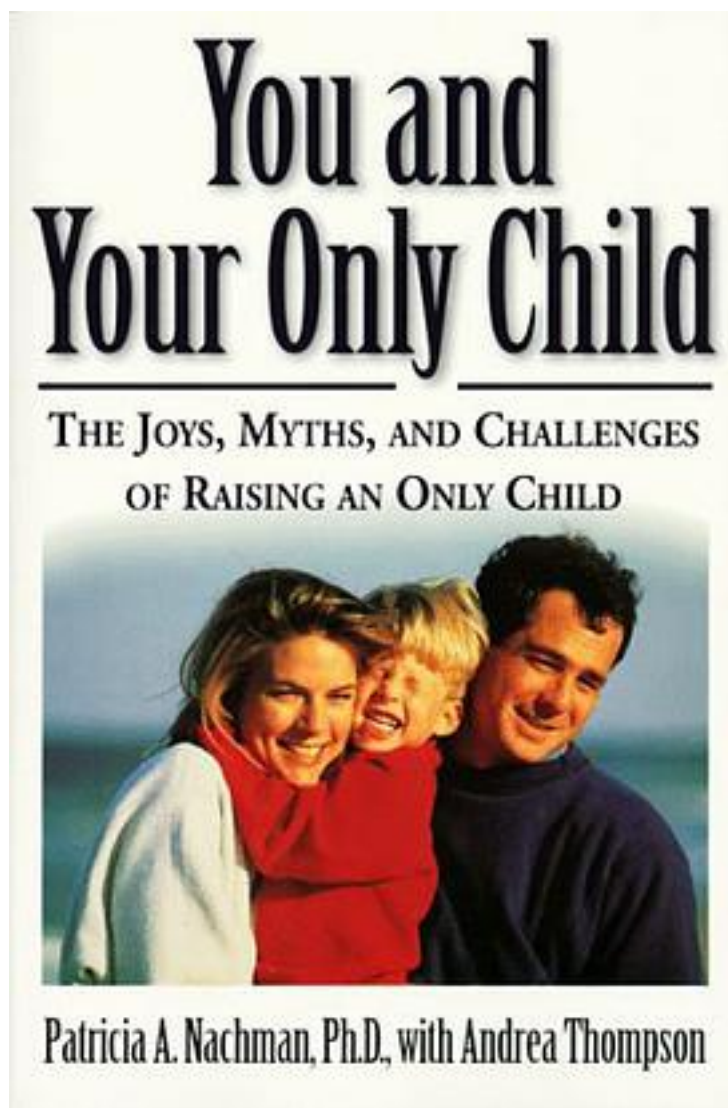


# You and Your Only Child



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Single-child families are more common than ever before, yet many parents are concerned that they are somehow cheating their child of a "real" family experience. Recent findings, however, suggest that only children are frequently more confident, verbal and quick to learn than children from larger families. In this reassuring and practical book, Dr. Patricia Nachman presents solid, well-supported evidence that the myths surrounding only children are just that -- myths. Drawing on her years of practice as a child psychologist, Nachman offers proven parenting strategies for dealing with a range of issues unique to only child-households, while helping parents build a strong, supportive relationship with their child. Filled with insight and authoritative advice, *You and Your Only Child* reassures parents that there is nothing unnatural about being or having an only child.

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