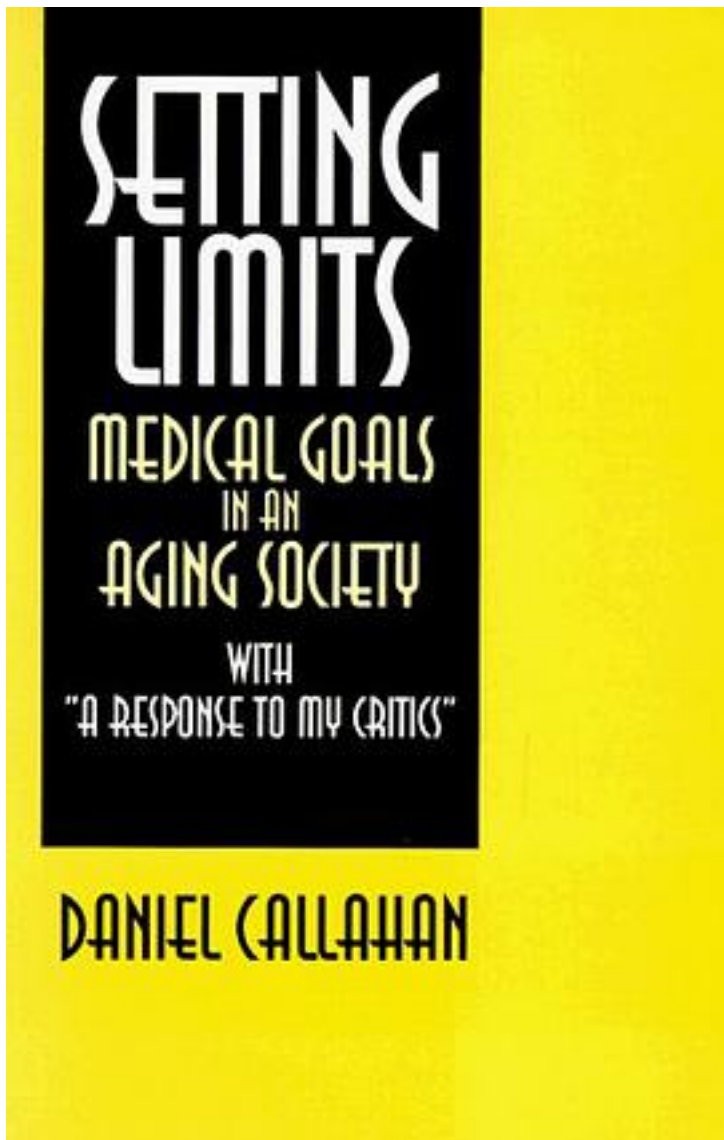


Setting Limits



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著者:Robert J. Mackenzie

出版者:Three Rivers Press

出版时间:1998-3

装帧:Paperback

isbn:9780761512127

Start Setting Effective Limits — Now!

Do your children misbehave? Do they repeatedly ignore or refuse your requests for proper behavior? Are you constantly fluctuating between permissive and authoritarian parenting, with little or no success? Are you convinced there has to be a better way? There is. *Setting Limits* will help you establish the positive, respectful, and instructional groundwork your children need for proper ethical and behavioral development

In this revised and expanded edition of his popular book, Robert MacKenzie, Ed.D., demonstrates proven techniques and procedures that not only correct misbehavior but instill the cooperation and conduct you want and expect from your children. This book shows parents how to:

- Enforce clear, firm, and effective boundaries
- Put an end to conflicts and power struggles
- Establish rules that encourage cooperation
- Teach children important problem-solving skills
- Apply logical consequences of misbehavior

Children need limits to guide their development. With MacKenzie's expert guidance, you will learn how to build and enforce the instructive boundaries necessary for a happy and rewarding family life.

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目录:

[Setting Limits_下载链接1](#)

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