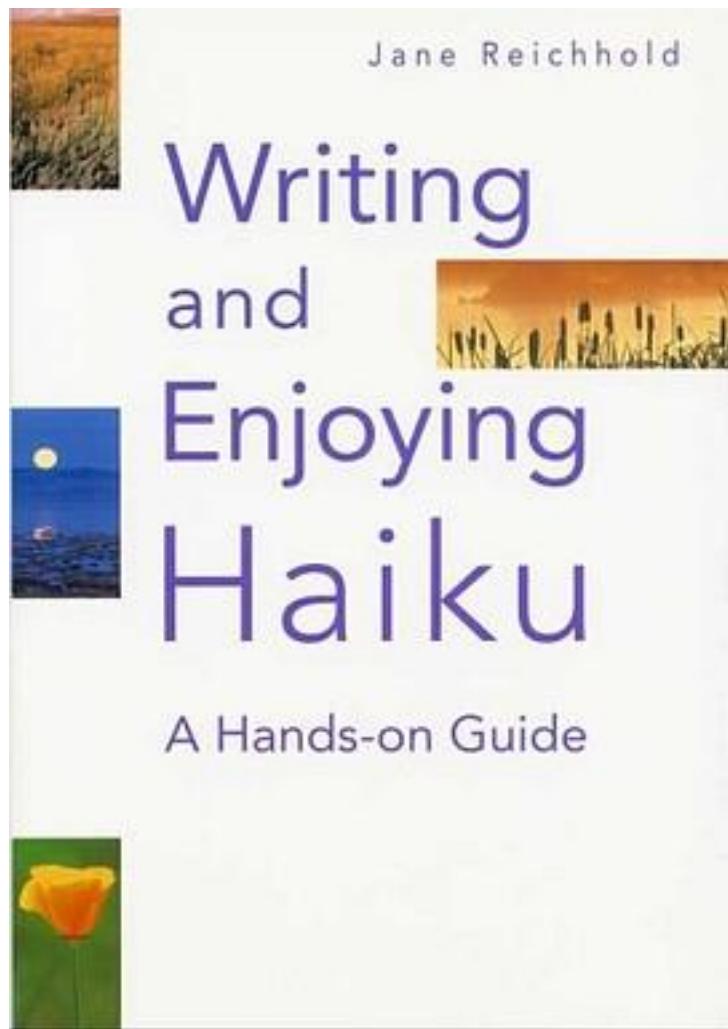


Writing and Enjoying Haiku



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Writing and Enjoying Haiku shows how haiku can bring a centered, calming

atmosphere into one's life, by focusing on the outer realities of life instead of the naggings of the inner mind, by gaining a new appreciation for the world of nature, and by preserving moments, days, and events so that they are not lost forever in the passage of time. Haiku are clearly shown to be a means of discovering and recording the miracles of the world, from the humorous to the tragic. This is one of the major themes underlying Writing and Enjoying Haiku—that haiku can provide a way to a better life.

After looking at why the reading and writing of haiku is important from a spiritual point of view, the book shows, as has never been done before, the techniques of writing—the when and the where, punctuation and capitalization, choice of words, figures of speech, sharing haiku, and much, much more.

Having come this far, having learned to read and write haiku with a discerning mind, the reader will never again look upon the world in quite the same way.

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