

Everything Happens for a Reason



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著者:Assistant Professor of American Religion Kate Bowler

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NEW YORK TIMES BESTSELLER • “A meditation on sense-making when there’s no sense to be made, on letting go when we can’t hold on, and on being unafraid even when we’re terrified.” —Lucy Kalanithi

This unforgettable memoir is a powerful graduation gift for med school students and a must read for doctors and nurses looking to empathize with their patients.

Kate Bowler is a professor at Duke Divinity School with a modest Christian upbringing, but she specializes in the study of the prosperity gospel, a creed that sees fortune as a blessing from God and misfortune as a mark of God’s disapproval. At thirty-five, everything in her life seems to point toward “blessing.” She is thriving in her job, married to her high school sweetheart, and loves life with her newborn son.

Then she is diagnosed with stage IV colon cancer.

The prospect of her own mortality forces Kate to realize that she has been tacitly subscribing to the prosperity gospel, living with the conviction that she can control the shape of her life with “a surge of determination.” Even as this type of Christianity celebrates the American can-do spirit, it implies that if you “can’t do” and succumb to illness or misfortune, you are a failure. Kate is very sick, and no amount of positive thinking will shrink her tumors. What does it mean to die, she wonders, in a society that insists everything happens for a reason? Kate is stripped of this certainty only to discover that without it, life is hard but beautiful in a way it never has been before.

Frank and funny, dark and wise, Kate Bowler pulls the reader deeply into her life in an account she populates affectionately with a colorful, often hilarious retinue of friends, mega-church preachers, relatives, and doctors. *Everything Happens for a Reason* tells her story, offering up her irreverent, hard-won observations on dying and the ways it has taught her to live.

Praise for *Everything Happens for a Reason*

“I fell hard and fast for Kate Bowler. Her writing is naked, elegant, and gripping—she’s like a Christian Joan Didion. I left Kate’s story feeling more present, more grateful, and a hell of a lot less alone. And what else is art for?” —Glennon Doyle, #1 New York Times bestselling author of *Love Warrior* and president of Together Rising

“This is a beautifully written, intelligent, soulful book, necessary reading for all of us who long to walk faithfully and honestly through the darkest and most desolate of seasons.” —Shauna Niequist, New York Times bestselling author of *Present Over Perfect*

作者介绍:

目录:

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标签

盖茨

盖茨书单

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女性

评论

没有人能代替自己，只有自己。

第四颗星给共情。只是宗教的许多东西无法有太多共鸣……希望作者加油好好的！务必

In the face of death at a young age, with a small child, one has so much to make sense to that it is sometimes difficult to come through

作者似乎有些过度阐述宗教和prosperity gospel相关的观点了。松散的写作结构、叙事的语气，甚至是作者思考后的结论本身，反而会让没有相关经历的我陷入困惑。很遗憾，可是确实难以共情。

Treasure every day just like it was the last one,thank you,life

全书写得非常杂乱，东一块西一块的，不太好读。最后的两个附录是亮点：1. 朋友患绝症时，问什么问题会惹恼人家；2. 问什么问题才是合适的。很有共鸣的一点是，很多人尝试为你的绝症找一个原因，好像他们说的就是真的。可并不是这样的！第一无法证实，第二信口开河。当别人生病时，不要随便给人家安一个原因。

很好读的一本书，几个小时就能读完。关于疾病、死亡和信仰。对于宗教的讨论很平实，问出了许多我的疑惑，但这些疑惑其实不需要答案，宗教或者说人生本来的意义，就是不断体验不断寻找答案的过程。读者来信那里，最震撼的是那一句My problem is opposite to yours. I'm struggling with the idea that I'm still alive. 还有作者自己说的那一句 my problems can't be solved by cliches. I'm going to die, but not today.

怎么说呢。。。是真的有病，但呻吟的让人糟心>.<。。。先向全世界告诉自己病了，然后说你不要再说我不爱听的话。摊手。。。看着盖茨推荐来的，结果略失望。但是文字读起来不费劲且觉得挺美的。。。。

如果你读过being mortal 和 when breath becomes air能有个比较。前两本是爸爸生病期间读的，那时候我需要一切能给我相关慰藉的内容。当时理解了每个人都要面临的年老自测(能走能自己洗澡)和不理解那个医生明明好了干嘛还不要命的工作(也许只有这一种人生对他有意义)。这本书我一开始没有好感，一直在等，好没好，好没好的结局。后来结局对我不重要了，我找到了三个不是答案确实支撑的陪伴。1You live there too. 2我选择的是人生的hard模式，连化疗都要最猛的药量 3put one foot in front of another长征。想对这本书说，Thank you for being here for me. 书后的附录真逗真解气。

應該怎樣和癌症病人談話？

今天读完了，感觉chapter9写的还不错，刚开始我以为是将我们以往的认知颠覆，充满

期待的看了几章，可发现第一：我不太懂里面的宗教元素，第二点：只不过是通过她自己的经历来阐明她对于生活的改变……就觉得还是有点superficial……整体来说还是很好的…因为就九章还是蛮建议有时间读一下

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书评

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