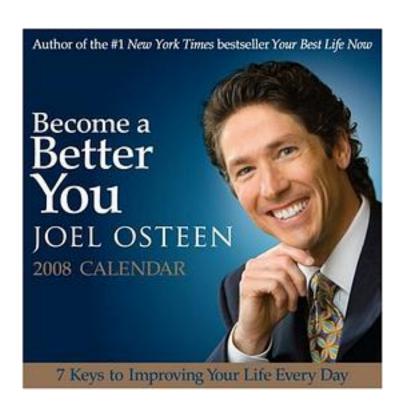
## Become A Better You



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著者:Joel Osteen

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## 标签



## 评论

need to work out an action plan, worth to read it again from time to time.

准确说是听的有声书,感觉很好。。如果持续有人在你low的时候给你注入这种积极思维的信息,你也会慢慢的开始觉得这是自己的思维的。我都不知道这作者就在休斯敦的教堂,有空一定和朋友去听听现场版。(注意:这是本宗教性很强的书,呵呵,如果你是那么强力的无神论者就不要听了)

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书评

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