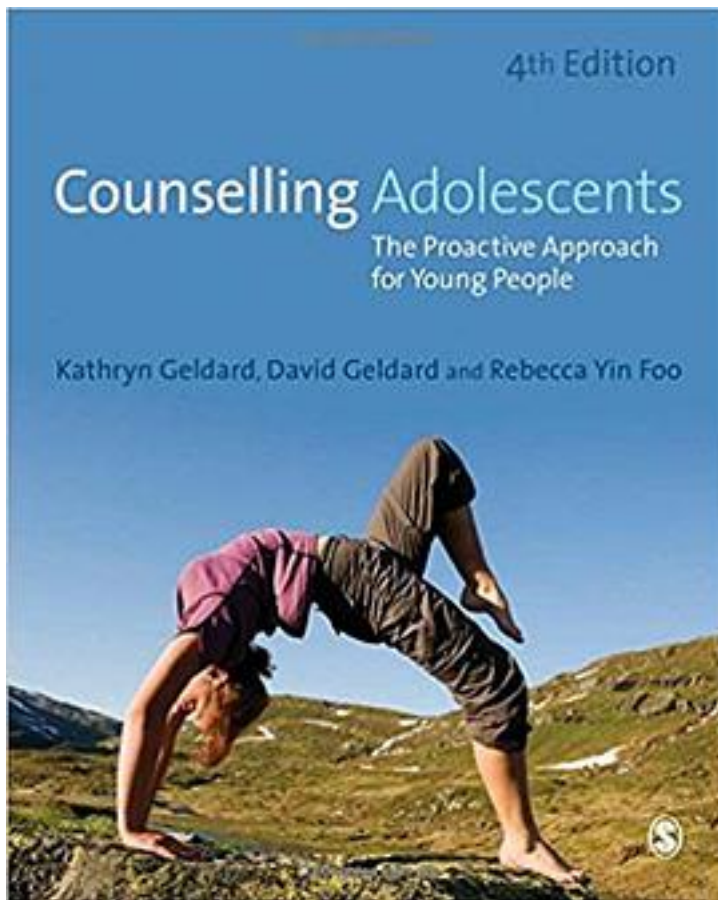


Counselling Adolescents



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著者:Kathryn Geldard

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This is the definitive guide to counselling adolescents. Now in its fourth edition, this bestseller has introduced thousands of trainees and practitioners to the theory, principals, skills and techniques of proactively counselling this client group.

New to the fourth edition:

- A new chapter on the contemporary context of adolescence, exploring the challenges, opportunities and influences facing young people today.
- A new chapter on the use of technology when counselling young people
- Useful links to relevant online resources at the end of each chapter
- Updates to all chapters reflecting more recent understanding, research and literature
- Additional case studies to help trainees apply theory and strategies to practice

A multi-disciplinary book which recognises that a diversity of needs requires a diversity of approaches and skills, it uses case studies and examples to demonstrate this in a variety of settings. It is essential reading for trainees and practitioners in counselling, social work, the allied health professions and education.

作者介绍:

KATHRYN GELDARD, PhD, is a lecturer and counsellor supervisor in the School of Psychology and Counselling at the Queensland University of Technology (QUT) in Brisbane, Australia. Her research interests include adolescent peer counselling and counselling effectiveness as perceived by the adolescent client in the QUT Psychology and Counselling Clinic.

Kathryn is currently conducting research with Australian Aboriginal adolescents with regard to developing a culturally sensitive peer support program in a regional community. She is the author of a number of textbooks on counselling and has several years experience in supervising and training counsellors.

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标签

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【学】 心理学

评论

Geldard&Geldard写了很多本经典counselling方向的handbook，经常被用做教材。整体从principles到treatment modalities都介绍得比较全面，当然因为是overview的类型，每一方向都不是很深入，但也都给出了further resources，作为入门的话还是不错的。但书中引了NLP的内容有点让人不能理解——

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书评

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