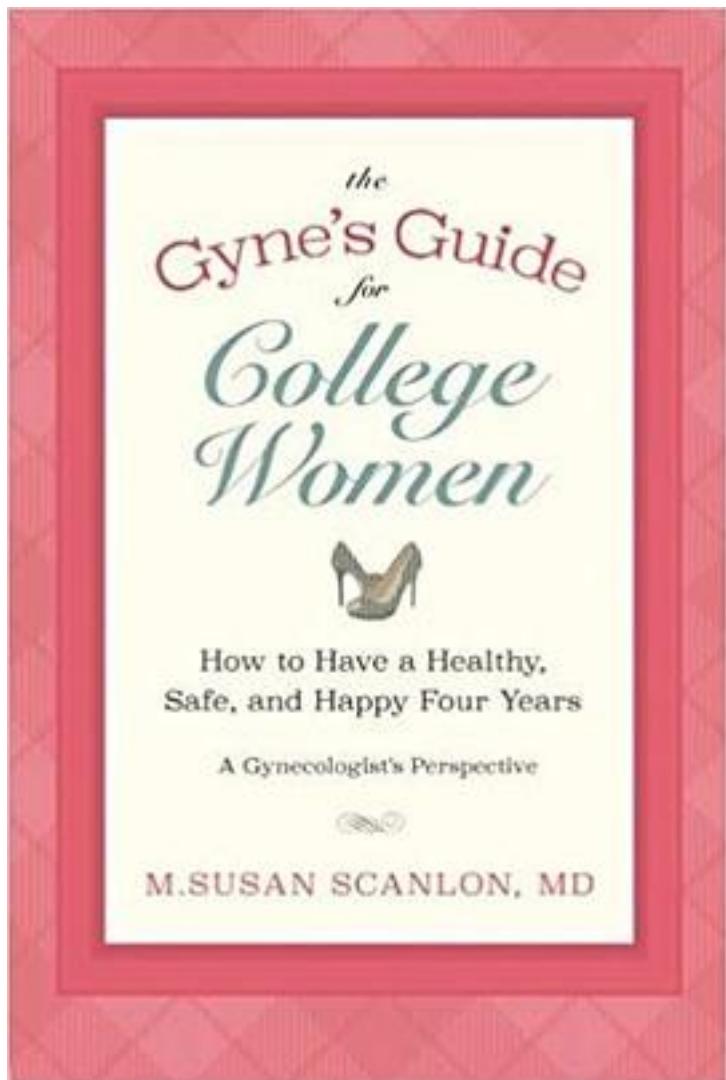


The Gyne's Guide for College Women: How to Have a Healthy, Safe, and Happy Four Years



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Essential guidebook for all girls going to college! Written by a physician and women's health expert, The Gyne's Guide will get you prepared to move out on your own! From decisions about sexuality, managing stress and depression, and getting enough sleep, to risks of alcohol use, sexual assault prevention, and avoiding date rape drugs, this book covers it all. All the facts, tips, and suggestions about how to be healthy, safe, and happy in college are explained in detail. The Gyne's Guide is the first step to getting prepared for a fabulous college experience, and a must-have on every graduate's list. www.TheGynesGuide.com

作者介绍:

Dr. M. Susan Scanlon, M.D. is a board-certified gynecologist with the American Board of Obstetrics and Gynecology and a fellow of the American Congress of Obstetricians and Gynecologists. Dr Scanlon specializes in women's health, adolescent gynecology, and gynecologic surgery. With over 20 years in private practice, Dr Scanlon has helped thousands of young women tackle the health and social issues faced in high school and college. Recognizing the need for more health information for girls, Dr Scanlon has written The Gyne's Guide for College Women to help young women understand what is ahead so they can be healthy and safe, and make lifestyle choices consistent the best woman they can be. Dr Scanlon graduated Magna Cum Laude and Phi Beta Kappa from Boston College and attended medical school at Loyola University Stritch School of Medicine in Chicago. Dr Scanlon has been named Top New Doctor in Integrated Care by Chicago Magazine, and has given extensive community and professional lectures on medical issues faced by women of all ages. She is in private practice at Midwest Center for Women's Healthcare, located outside of Chicago. A mother of three children, including two daughters, Dr Scanlon is passionate about helping young women have their best college experience.

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